



Dear Caregiver,

Thank you for your interest in Centralina's Family Caregiver Support Program (FCSP). This program provides support and services to unpaid caregivers of older adults or adults with disabilities, to enable you to continue caring for your loved one in the community for as long as possible. Your Family Caregiver team member will help you create a person-centered plan through an assessment of your needs.

This program is **not** intended for long term use, but rather for short-term assistance to offset the financial burdens of caregiving. You are able to receive services from this program for a total of 90 days.

### **Eligibility Criteria:**

*Family Caregivers of older adults- A person 18 or older providing unpaid care for an older adult age 60 or older, or providing care to an individual with Alzheimer's disease or related dementia of any age.*

**AND**

*Care recipient is unable to perform 2 of the following 6 activities of daily living without assistance. (Eating, dressing, bathing, toileting, transferring into/out of bed/chair, and ambulation (walking or moving in the home without assistance).*

**OR** *has a cognitive impairment or behaves in a manner that poses a serious health or safety hazard to the individual or another individual.*

**Additional Criteria:** Caregiver must only receive respite care from one program at a time (Project CARE, CAP, PACE, etc.). FCSP will not duplicate respite services.

### **Categories of Service:**

**Respite-** intermittent, occasional, or emergency care provided to the care recipient to provide temporary relief to the caregiver. Respite care includes in-home, adult day care, or respite in long term care. You may hire an individual that is not an immediate family member, or an in-home aid agency.

**Supplemental services-** include incontinence supplies, liquid nutritional supplements (Boost or Ensure), home safety modifications, handyman or yardwork, home delivered meals, medical equipment and/or assistive technology.





**CENTRALINA**  
Area Agency on Aging

To be respectful of the time and efforts of our Family Caregiver team, we ask that actively enrolled clients stay responsive and engaged throughout the duration of the program. Centralina FCSP reserves the right to discharge a client for the following reasons:

1. failure to respond to or communicate with FCSP staff after 3 attempts to contact in 1 week (excluding an unforeseen emergency)
2. not actively communicating with staff about disqualifying enrollments in other programs such as: CAP, Hospice, admission of care recipient to LTC, PACE, county FCSP, or other programs that would be a duplication of services.
3. failure to spend funding or submit requests to use funding within a reasonable or agreed upon amount of time following initial assessment

Our goal at Centralina is create a partnership and provide you with tools throughout your caregiving experience. If you have any questions or need additional support, please do not hesitate to contact the Family Caregiver Support Program team.

Sincerely,

*Centralina's Family Caregiver Team*

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