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AARP

"HOMEFIT GUIDE" - free booklet & online

AARP Missouri State Office 9200 Ward Parkway Suite 350 Kansas City, Missouri 64114

AARP.org

866-389-5627

smart ways to make a home comfortable and safe for older adults, and people with differing abilities reviews each room and outdoor space of a home/apartment for modifications relating to the persons needs

JOHNSON COUNTY AREA AGENCY ON AGING

"EXPLORE YOUR OPTIONS" (directory of services) - free booklet & online

11811 South Sunset Drive Olathe, Ks. 66061

www.jocogov.org/ www.myresourceconnection.org

913-715-8861

agencies, adult care, apartments, case management, hearing/ vision, hospice, legal, pet, transportation, and many other areas of concern

MARC - MID-AMERICA REGIONAL COUNCIL

"SENIORS BLUS BOOK - RESOURCES FOR AGING WELL" - free booklet & online

600 Broadway, Suite 200 (Rivergate Building) Kansas City, Mo. 64105

SBBKC.com

www.marc.org/aging

816-421-4980 (Missouri referral line) 913-980-4082 (Kansas referral line)

KANSAS - Douglas, Johnson, Leavenworth, Wyandotte MISSOURI - Buchanan, Cass, Clay, Jackson, Platte, Ray

24/7 chat line, ask an expert, searches, activity calendar, library resources

community resources, health at home (non-medical care), home health care and hospice care, case management, caregiver support, meals, transportation, legal aid, senior housing, LGBTQ+ outreach, and many more

MARC - MID-AMERICA REGIONAL COUNCIL

"MISSOURI CONNECTIONS FOR HEALTH - AGING AND ADULT SERVICES" - free booklet & online

816-421-4980

www.missouriconnectionsforhealth.org/

health insurance education and assistance, medical assistance,

entry housing assessment, online classes, training, events, health insurance information, housing city/rural, counseling, referral to other organizations, and many more

MEDICARE & YOU 2025

"THE OFFICIAL U.S. GOVERNMENT MEDICARE HANDBOOK"

- free booklet & online - mailed to all Medicare members
each year
updates for present year Medicare management

U.S. Department of Health and Human Services Center for Medicare & Medicaid Services 7500 Security Boulevard Baltimore, Maryland 21244-1850

Medicare PO Box 1270 Lawrence, Kansas 6044

free personalized health insurance counseling
800.633.4227 (open 24/7 including weekends)
shiphelp.org
Missouri SHIP - 800-390-3330
Medicare.gov/talk-to-someone
medicare.gov/health-drug-plans/health-plans/yourcoverage-options/plan-marketing-rules
or use a trusted agent or broker

Medicare/Medicaid Advisors, Inc. 8215 Melrose Drive Lenexa, Kansas 66214

Kansas: 913-649-0300

Medicare parts

Part A - hospital insurance

Part B - medical Insurance

Part D - drug coverage

provides charts explaining the difference between Medicare and Medicare Advantage (PART C) (doctors & hospital choices, cost, coverage, foreign travel)

Dates to Remember

October 1st - research and compare current medical plan and drug plan contact Medicare.gov/plan-compare

October 15th - December 7th - begin enrolling if join, switch, or drop Medicare Advantage Plan or Medicare drug plan, or switch to Original Medicare during open enrollment period each year

January 1st - new coverage begins

<u>January 1st - March 31st</u> - may choose a different Medicare Advantage Plan

also covers - signing up, coverage, pay assistance, rights and protections

MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES

"AREA AGENCIES ON AGING AND SERVICES" / (Senior and Disability Services) - online

www.health.mo.gov/seniors/aaa/

800-235-5503

abuse, agencies, home /community based services, Missouri legislation, resources, employment, and many others

OPTUM

"CONVERGE" / ACTIVITY CALENDAR - quarterly brochure of activities - free calendar & information on line

three locations in Kansas City area

North Oak 4904 N.Oak Troy K. C., Mo. 64118

Converge 3650 Broadway Blvd. K.C., MO. 64111

Millcreek 13438 W. 62 Ter. Shawnee, Ks. 66216

OptumKC.com

816-240-6045 TTY 711

- . activities free for general public 55+ at no cost
- . classes yoga, strength training, arts/crafts, many others
- . information Medicare 101, staying healthy, technology, many others
- . field trips movies, car shows, book clubs, art tours, many others

RE-DISCOVER

"REDISCOVER'S CLIENT HANDBOOK" - online

Headquarters: 1555 NE Rice Road Lee's Summit, Missouri 64086

www.rediscovermh.org

844-994-4325 - main number for appointments 888-279-8188 - 24 hour crisis line

open Monday - Friday from 8:00 - 5:00 pm

multiple locations offering different services Re-Discover's Flory Center 1555 NE Rice Road Lee's Summit, Missouri 64086

816-966-0900

Re-Discover's Fearon Building 901 NE Independence Avenue Lee's Summit, Missouri 64086

816-966-0900

Re-Discover's South Kansas City Office 6801 East 117th Street Kansas City, Missouri 64134

816-966-0900

Re-Discover's Transitions 1000 East 24th Street Kansas City, Missouri 64108

816-965-1151

Re-Discover's Bannister Office 5904 East Bannister Road Kansas City, Missouri 64134

816-966-0903

Re-Discover's Woodland 3211 Woodland Street Kansas City, Missouri 64109

816-931-6500

Re-Discover's KC Assessment & Triage Center (KC-ATC) 2600 East 12th Street Kansas City, Missouri 64127

816-965-1100

Re-Discover's Treatment Options Program (TOP) 5904 East Bannister Road, Building B Kansas City, Missouri 64134

816-384-0700

Re-Discover's Washington Apartments 7540 Washington Street Kansas City, Missouri 64114

816-966-0900

Re-Discover's Thrive Center 2659 Peery Avenue

Kansas City, Missouri 64127

816-965-1142

Re-Discover's Behavioral Health Urgent Care Clinic 7001 Blue Ridge Boulevard Raytown, Missouri 64133

816-988-2739

Mayor's Task Fore Crisis Services
Emergency (Diversion) Services
Mental Health Services
Substance Use

nonprofit for mental, emotional, physical health/crisis services, substance use disorder for individuals and families, serves those with limited financial or no insurance, register voting assistance, and many more