

#### "FOR THE BEST TIMES OF YOUR LIFE!"

### Sarasota, Florida



### Vice President's Message by Bill D.

In the last month we have had several members with health issues such as knee

replacements, back surgery, falls, etc. If you know of any member who needs assistance, please let a Board member know.

The Board had a busy meeting this month. We are working on getting a date set for the Fall Picnic at Coquina Beach. On July 12<sup>th</sup> we are planning a trip to the Siesta Key Rum Distillery. I am working with the Event Coordinator at the Peridia Country Club to see if we can get a group to do live dance music for the Christmas Party on December 17<sup>th</sup>. We are also looking at the possibility of having a Halloween Costume Party. We have not had one for several years. Sarasota Pride will be October 22<sup>nd</sup> this year and we will be looking for members to help man our booth. We ask that you sign up for a 2-hour time period, so that we have time to walk around and see what else is going on. I think the last Sarasota Pride was 2019 due to COVID. Dennis and I volunteered along with several others. I have to say there were some interesting sights on the stage and in the crowd.

Quite a few members from our Chapter have signed up for the cruise with Prime Timers for the Eastern Caribbean in November. The last I heard, they have over a hundred signed up from all over the country.

The new member directory was sent out recently. Please print this out so that you have a way of contacting other members.

**July 2022** 



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#### P.O. Box 1411 Sarasota, FL 34230-1411 941-556-1344

<u>primetimerssarasota@gmail.com</u> www.sarasotaprimetimers.org

#### **2022 BOARD of DIRECTORS**

President: Mike A. Vice President: Bill D. Secretary: Lee L. Treasurer: John M.

Members at Large: Steve H., Mike M., Jerry U.

#### **COMMITTEES**

#### **EVENTS**

Events Team: Jerry U. and Ron G. North Lunch: Dan W.

South Lunch: Dan W.

Potluck: Bill Patton (ADDITIONAL VOLUNTEERS NEEDED)

#### **MEMBERSHIP**

Membership Roster: Mike A. New Member E-Mail Package: Mike A. Greeting and Name Tags: Mike M.

#### **HOSPITALITY**

Membership Meeting Refreshments: Dale M. / Mike A. Membership Meeting Speakers: Dale M.

#### **COMMUNICATIONS**

Newsletter Editor: Steve H.

Newsletter Proofreaders: John M., Bill P., Ron G., Jerry U., Marvin L.

Google Lists: Mike A. Web Master: Marvin L. Facebook: Bill P.

#### **CARE AND SUPPORT**

Food Bank: Mike M. Care & Support: All Members\*

\*(If you need help with transportation, shopping, or moral support, or if you know of someone in need, start by contacting someone on your membership list, or contact a member of the Board of Directors.)

#### Who We Are

Prime Timers Sarasota is a non-partisan social club for gay, bisexual, transgender or transitioning men over 21. In addition to our Fall Picnic and Holiday Party, each month we offer a potluck supper, two luncheons at area restaurants, a members' meeting with a speaker, home nights with games or movies, and day trips by bus or car pool to unique Florida Sun Coast attractions. Our social events are chosen to fit individual needs, priorities and affordability. Equally important is our commitment to Care and Support, where members assist one another with activities and needs of daily living. If a member is ill, injured or otherwise incapacitated, he can reach out for assistance to members nearby to help him with activities such as shopping, transportation, moral support, or help at home.

### JULY BIRTHDAYS

Ron B.	12
John-Norman T.	14
Richard W.	15
Bruce B.	17
Jeffrey S.	19
Al D.	26
Bill M.	27
Ron G.	28
Roger H.	30





### **WELCOME TO OUR NEW MEMBERS**



Joe C.
John E.
Roger H.
Matt J.
John-Norman T.

### CALENDAR OF EVENTS

With the Health concerns of the times and the age of our membership, Prime Timers Sarasota is encouraging our members and their guests to be vaccinated for COVID with a booster, including vaccinations for other age-related diseases, before attending events.

Due to the ever-changing conditions related to the COVID-19 variants, the guidelines and events will be reviewed and changed as needed by the Board so as to be aligned with current CDC guidelines and mandates.





**POTLUCK:** FIRST Saturday, July 2<sup>nd</sup>, 6:00 P.M., Syster Hall,1<sup>st</sup> Congregational Church, 1031 South Euclid Ave. Bring a dish to share (main, side dish, appetizer, dessert). Please send an RSVP to Bill P. with the specifics of what you intend to bring, ex: "main dish -- chicken casserole". See above attendance guidelines. Remember your donation to the All Faiths Food Bank.



2<sup>nd</sup> SUNDAY SOCIAL AT THE PURPLE RHINO: Sunday, July 10<sup>th</sup>, 3:00 – 5:00 P.M. We will maintain social distancing. Attendance is limited to 30. Please RSVP to Ron G. or Jerry U. (Please feel free to leave a tip for Rick in a jar on a table by the entrance. Show your appreciation for his time, effort, & cost that he provides for us.)



SIESTA KEY RUM TOUR: Tuesday, July 12<sup>th</sup> at 1:00 P.M., Drum Circle Distilling-Home of Siesta Key Rum, 2212 Industrial Blvd., Sarasota. For tour registration: (1) go to <u>siestakeyrum.com</u>; (2) click on *Tours*; and (3) click the *Register Here* button. That takes you to a menu of tours. Click on *Tuesday Siesta Key Rum Tours* and scroll to July 12<sup>th</sup> at 1:00 P.M. Follow the instructions for your FREE tour registration. We will meet there at 12:00. *The Tasting Room is located in a rather ordinary industrial park* 

on the North side of Sarasota. Don't let that fool you. You are going the right way! The uninteresting-looking warehouse building contains a beautiful tasting room and a distilling paradise! <u>Directions</u>: From 301, turn east at the stoplight at 47<sup>th</sup> Street. Go north on Middle Avenue to 51<sup>st</sup> Street. Follow 51<sup>st</sup> until it becomes Industrial Blvd and look for 2212.



**BOARD OF DIRECTORS MEETING: SECOND Wednesday,** July 13<sup>th</sup>, 10:30 A.M., at the home of Bill D. & Dennis G. Contact Mike A. if you wish to attend as a guest.

**NORTH SIDE LUNCH: SECOND Thursday**, July 14<sup>th</sup>, at 1:00 P.M. at the Metro Diner located at 6056 North Lockwood Road (corner of University Parkway) in Sarasota. Please RSVP to Dan W. by 2:00 P.M. on Wednesday, July 13<sup>th</sup>.



PT SINGLES & SOLOS CLUB: Prime Timers is excited to announce the initial meeting of the PT Singles and Solo Club at the Purple Rhino on Sunday, July 17<sup>th</sup> from 3:00 to 5:00 P.M. Come and meet like-minded members and discuss possible future activities for this new group. Everyone is welcome. For more information, please contact Matt L



**MEMBERS MEETING: FOURTH Sunday,** July 24<sup>th</sup>, at 3:00 P.M. in Syster Hall at 1<sup>st</sup> Congregational Church at 1031 South Euclid Avenue, Sarasota. This is where we hold our potlucks. *Our speaker will be Cathy Blackburn, Attorney, who will discuss life and estate planning*. Dinner will be at Demetrio's, 4410 South Tamiami Trail following the meeting. See above restrictions for attending.



**HAMBURGER NIGHT: FOURTH Wednesday,** at the Purple Rhino, July 27<sup>th</sup>, 6:00 P.M., 2920 S. Beneva, (Corner of Webber) \$5.00 for hamburgers (\$7.50 for cheeseburgers with fries/potato salad/onion rings). Chicken/veggie burgers are available.



**FOTOS FOR FUN:** Thursday, July 28<sup>th</sup>, at 1:00 at the home of Steve H. & Dale M. See page 18 for more information. All levels of photographers are welcome.



**SOUTH SIDE LUNCH: FOURTH Thursday**, July 28<sup>th</sup>, at 1:00 P.M. at Mattison's Forty-One located at 7275 south Tamiami Trail (US41) in Sarasota. Please RSVP to Dan W. by 2:00 P.M. on Wednesday, July 27<sup>th</sup>.

### **UPCOMING EVENTS**



**SARASOTA PRIDE**: Saturday, October 22, 2022, 12:00 P.M. – 5:00 P.M. JD Hamel Park, 199 Bayfront Drive, Sarasota, FL.



**FALL 2022 CRUISE**: November 5<sup>th</sup> – November 12<sup>th</sup> on the Royal Caribbean Serenade of the Sea cruise ship. Seven nights, four ports, round-trip from Tampa to the Western Caribbean. Sponsored by Prime Timers Worldwide. See page 21 for more information.



**VENICE PRIDE:** While the annual Pride Festival is one of the most important events that we host for the LGBTQ+ community and allies, we are postponing our upcoming Saturday, **The new date is Saturday, November 12, 2022.** 



**SPRING 2023 CARIBBEAN CRUISE:** May 13<sup>th</sup> – 23<sup>rd</sup> on the Celebrity Equinox. Eight days, 6 ports. \$250 deposit. Inside from \$491. Refundable until February 12, 2023. For more information, see page 22.



**PRIME TIMERS WORLDWIDE CONVENTION**: October 2023, Hilton Bayfront in Downtown St. Petersburg, Florida. The St. Pete chapter is hosting this event with an anticipated attendance of 400 Prime Timer Delegates. *The St. Pete chapter has invited us to help by providing volunteers to assist with logistics and hospitality at the venue.* 

Exact dates have not been determined. More details will be announced as soon as they are available.



Address: 10 E. Colonia Lane, Nokomis, FL 34275; Phone: (941) 488-9393 e-mail: Tours@AllAroundBus.com; Website: www.AllAroundBus.com

Prime Timers members can also check out these day trips. See their web page for more information. Contact All-Around Tours directly at the above phone number and ask for Paige or you can e-mail them. \*\*Be sure to tell them you are with Prime Timers.

Shows At Ft. Myers Broadway Palm Dinner Theatre The Wizard of Oz, (Matinée Performance), July16, 2022, \$95.00 p/p

#### Additional Activities

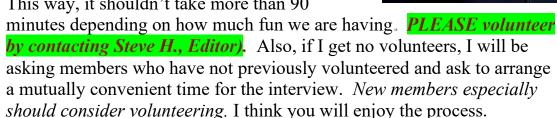
Murder Mystery Dinner Train, Ft. Myers, FL, July 7, 2022, \$160.00 p/p
Christmas In July at The Shell Factory, Ft. Myers, FL, July 20, 2022, \$70.00 p/p
31st Annual Caladium Festival, Lake Placid, FL, July 29, 2022, \$45.00 p/p
ST. John's River Cruise, Sanford, FL, Aug 4, 2022, \$109.00 p/p
Zubrick Magic Theatre & Park Shore Grill, St. Petersburg, FL, Aug 14, 2022, \$115.00 p/p

### WE WANT TO KNOW MORE ABOUT YOU!

"Member Spotlight"



Your fellow members want to know more about you. The best way to do this is to interview you, and we will compose a biography for your review. You don't have to answer any questions with which you aren't comfortable. This way, it shouldn't take more than 90







Thanks, fellow Prime Timers for the recent support you have provided to the All Faiths Food Bank. During April and May we have contributed a total of \$445. Here's a word of gratitude from Elvia, found in the Food Bank's Summer Newsletter.

"Elvia has just made a brave job change in order to better her life, her husband's, and her daughter's. Elvia used to work for an assisted living company as a

companion for an elderly woman, but when the woman passed away, Elvia was laid off. She realized the emotional toll her work was taking on her wasn't worth it. So, she decided to make her side job of cleaning houses a full-time commitment. Even though both she and her husband are working, they sometimes struggle to cover all their household expenses. With the cost-of-living continuing to rise, even groceries can be too expensive. Thankfully, Elvia has access to All Faith Food Bank's school pantry at Gocio Elementary. There, she can pick up fresh produce, dairy, and snacks for her family. It's because of you that our neighbors most impacted by rising costs are able to continue to put healthy family meals on the table."

So, brothers, here is where you can send your heartfelt support for those in need among us: All Faiths Food Bank, 8171 Blaikie Court, Sarasota, FL 34240. **Be sure to note on your check that your gift is from** *Prime Timers of Sarasota*. Thanks again for your continued generosity. Mike M.

## We've Been Keeping Busy!

### JUNE POTLUCK

19 members attended.



















### SECOND SUNDAY SOCIAL AT THE PURPLE RHINO

24 members attended.

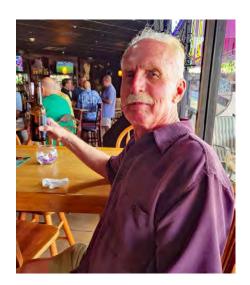




















### HAMBURGER NIGHT AT THE PURPLE RHINO

12 members attended the meeting.













### JUNE MEMBERS MEETING

19 members attended the meeting.

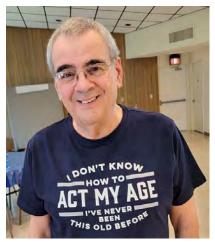






















### PT SINGLES & SOLOS



Prime Timers is excited to announce the initial meeting of the PT Singles & Solos Club at the Purple Rhino on Sunday, July 17<sup>th</sup> from 3:00 to 5:00 P.M. Come and meet like-minded members and discuss possible future activities for this new group. Everyone is welcome. For more information, please contact Matt L.

# HEALTH MATTERS Pain Management For The Older Adult

By Steve H., Ph.D.

Do you refrain from talking about your pain? You may not want to be a burden, or you may feel that it's a sign of weakness to admit it. Don't carry the burden by yourself. It's OK to let people know how you really feel, so they can help you to take care of it. Treating pain can help you keep up with daily activities, stay as independent as possible, and feel better mentally and physically. A good approach to reducing pain is using a combination of exercise, physical therapy, medication, cold/heat therapy, relaxation, and/or electrical nerve stimulation unit.

Exercise: Lying in bed for long periods can make back pain last longer. Lack of activity can make you stiffen up, your muscles and bones weaker, sleep less well, become lonely and depressed, and make your pain feel worse. Choose an exercise that won't put too much strain on yourself. Good options include walking, using an exercise bike, dancing, yoga, swimming, or exercising in the pool, which takes the weight off your joints and increases resistance. Many types of aquatic exercise equipment are available on the internet. Activity and stretching needs to become part of your lifestyle so you routinely do a little exercise often. Try to be active every day instead of only on the good days when you're not in so much pain. This may reduce the number of bad days you have and help you feel more in control. Try to avoid overdoing it on good days and paying for this by having more bad days.

**Physical therapy**: Pain experts often recommend a short course of physical therapy. This helps you to move better, relieves your pain, and makes daily tasks and activities easier, like walking, going up stairs, or getting in and out of bed. Therapy for persistent pain can involve manipulation, stretching exercises and pain-relief exercises. Physiotherapists can give you advice on the right type of exercise and activity. Occupational therapists can support you with environmental changes that can help you remain at work and function better at home. If you have physical therapy, you should begin to feel the benefits after a few sessions. Your GP may be able to refer you for physical therapy.

**Medication**: Ask your doctor what nonprescription pain medicines are OK to use, if needed. Acetaminophen may be the safest for mild to moderate pain. Never use more than your doctor recommends because it can cause kidney and/or liver damage and other side effects. Check to ensure that you are not taking other drugs that have acetaminophen as an ingredient. There are also pain relievers that go directly on the skin, such as creams, gels, sprays, and patches. If you have chronic pain, you might need over-the-counter as well as prescription drugs, including daily, extended-release pain medications and a plan for pain flare-ups. Keep a list of *ALL* the medications,

both prescription and non-prescription, supplements, and the doses you take. Share that list with your doctor because some combinations of medicines can be harmful, particularly for older people.

**Heat**: A warm shower or bath, hot water bottle, or warm cloth can help relax muscles and ease muscle spasms. A heating pad with an automatic off switch is better than a regular heating pad, which can burn skin if left on too long. Be careful with microwavable heating pads as these can have hot spots that burn. Apply heat to the sore area for 20 to 30 minutes every 2 hours. Don't use heat on open wounds.

**Cold Therapy:** Cold can numb pain and ease swelling. Try a cool cloth, cold pack, cold compression wrap, or ice massage. To make an ice pack, put crushed ice in a plastic bag and cover it with a towel. Don't put the bag of ice directly on your skin. Or you can use a bag of frozen peas. Do it for 15-20 minutes at a time, 4-8 times per day. Stop icing when the area feels numb.

**Deep Breathing:** Slow, quiet breathing helps relax the body and mind and ease pain. Lie or sit with one hand on your belly and take a deep, slow breath. Imagine filling a balloon in your belly with air. Then breathe out, as if you're letting all the air out of the balloon. Breathe in and think, "relax." Exhale and think of breathing out stressful thoughts. Aim for about six long, deep breaths a minute. If you have lung problems, talk to your doctor about what breathing exercises would be good to try or if other ways to relax are recommended.

**Electrical Nerve Stimulation Unit:** This small machine uses a mild electrical current to ease pain. It has electrodes that go on your skin and deliver a low-level electrical charge, which can lower pain signals and may help relax muscles and stimulate your body's natural painkillers, called endorphins. You may get an electrical nerve stimulation unit from a doctor's or physical therapist's office when recommended.

### Getting the Travel Bug and the Need to Socialize

Michael S.

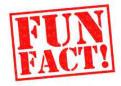
**Director Emeritus, Prime Timers Worldwide** 

Suddenly, and thankfully, travel has begun to open up. Our upcoming November cruise out of Tampa continues to attract fellow travelers but the ship is pretty much now sold out of cabins. We've been advertising this trip for about 18 months. So, what else did we do? We found a Spring Caribbean cruise in May 2023 out of Ft. Lauderdale (see attached in this newsletter). We're excited about it and, in less than two hours of us grabbing it, it's already started to book. The early bird gets ... etc., etc., etc! I was out for a few hours yesterday and, during that time, four new bookings came in.

With the world a bit more opened up and safer after two years of pandemic, I've decided to leave the relatively safe world of my home, gym and grocery store. I've made it a point to get out and socialize more. As a result, I've reconnected with old friends and made some new ones. It has been great. In addition, after having completed seven months of physical therapy three times a week, I can walk and stand and spend more time in the kitchen.

Yet, rampant inflation has put a damper on us *going out*. Restaurant prices have surged, staff have been reduced, and filling the car with gas has reached a record high. For once, I was wise last year to buy a hybrid auto that only needs its tank filled once every two months when only taking it for short driving trips.

Our Prime Timers chapter is lucky to have our Events Coordinators, Jerry and Ron, who schedule so many great activities each month. Furthermore, we need to thank Dan for continuing to plan our monthly luncheons. Most of these activities are short drives and get us out of the house so we can socialize with friends. Thanks also to our tireless Newsletter Editor, Steve H., for getting the information out to us each month. I hope to see many of you at an upcoming event.



### THE RINGLING BROS. CIRCUS IS COMING BACK, WITH HUMAN ACTS IN THE CENTER RING

By Bill C. (Edited by Steve H.)

Ringling Bros. and Barnum & Bailey is bringing back "The Greatest Show on Earth" — but without animals. The circus has been closed since 2017. Ringling Bros. and Barnum & Bailey is reviving its circus, unveiling a plan to bring back a modernized *Greatest Show on Earth*, one without its iconic elephants and other animals. Instead, its producers are scouring the world for people with rare talents and skills who can captivate today's audiences. The new circus will hit the road for a U.S. tour of live shows in September of 2023, according to Feld Entertainment, which produces the circus. The new show's goal, Feld said, is to "celebrate amazing talent from around the world, displaying incredible feats that push the limits of human potential and create jaw-dropping moments." Auditions for the new circus are already under way, in countries including Ethiopia, France, Mongolia, Argentina and the U.S., the company added.

The Ringling Bros. circus was shut down five years ago, after a nearly 150-year run. Its production company said financial worries were forcing it to pack up the show. The closure followed the circus' phasing out its use of elephants; a move celebrated by animal rights activists. The new circus will not bring animals on tour, Feld's chief operating officer, Juliette Feld Grossman, confirmed on NBC's *Today* show. Feld says it's reimagining what the circus can be. Company CEO Kenneth Feld said that includes building "a lifestyle brand" around the Ringling name, where live performances are complemented by digital content, consumer products and other offerings.

While public attitudes about animals in captivity were one reason for Ringing's closure, it's now returning to a circus industry that has changed even more. In many areas, live circus shows have only resumed recently, after enduring widespread closures due to the pandemic. Cirque du Soleil whose artistic, human-centered shows seem to resemble Ringling's new model officially returned to the stage last spring, but it's still in the process of returning to all its shows. The Montreal-based company is making a comeback of its own, having been forced to find new ownership after filing for bankruptcy protection in June of 2020. There's also a new circus in town: Omnium Circus, which includes former Ringling ringmaster, Johnathan Lee Iverson. It touts "a cast of extraordinary multi-ethnic, multi-racial, and multi-abled talent."



### POINTS TO PONDER







### WHAT'S SO FUNNY?!

In these serious times, it's important to keep your sense of humor. With that in mind, every issue of the Prime Timers newsletter has a humor section, which will include a variety of humorous, inspirational, or touching videos (must use the computer), cartoons, and quips. Just click on the link provided. Enjoy!

### **VIDEOS**

#### **CANDID CAMERA – ROMAN STATUE** (Entertaining)

https://biggeekdad.com/2022/04/candid-camera-roman-statue/

### **CHOREOGRAPHED MAGIC** (Very entertaining)

https://biggeekdad.com/2022/05/choreographed-magic/

### 18 TERRIBLE ANIMAL PUNS THAT WILL GIVE YOU THE GIGGLES (Humorous)

https://www.ba-bamail.com/humor/18-terrible-animal-puns-that-will-give-you-the-giggles/

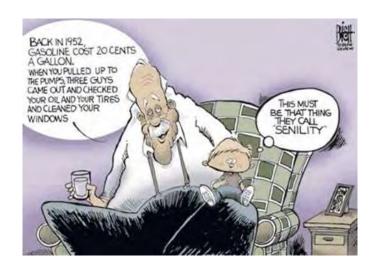
### MRS. BROWN'S MISCHIEVOUS CALL (Humorous)

https://www.ba-bamail.com/videos/humor/mrs-brown-and-the-mischievous-call/

### **DOGS SPREAD LOVE** (Touching)

**Dogs Spread Love** 





(Continued on next page)













"Wake up. The cat's got your teeth."

### PRIME TIMERS

### **FOTOS FOR FUN**



Taken at Glen Oaks Manor lake.



John M.



Steve H.



### **FOTOS FOR FUN**

We had a great time walking around the lake at Glen Oaks Manor and visiting Benderson Park.

Our next meeting will take place on Friday, July 29, 2022, at 1:00 P.M. We will meet at Sarasota Classic Car Museum, 5500 N. Tamiami Trail, Sarasota, FL 34243. Please put the date on your calendar. Contact Philip E. or Steve H if you have any questions. Anyone can join us for what is going to be another exciting afternoon of exploration and taking FOTOS FOR FUN.

What is it?



Tim R.



What is it?



Steve H.



Philip E.



Philip E.

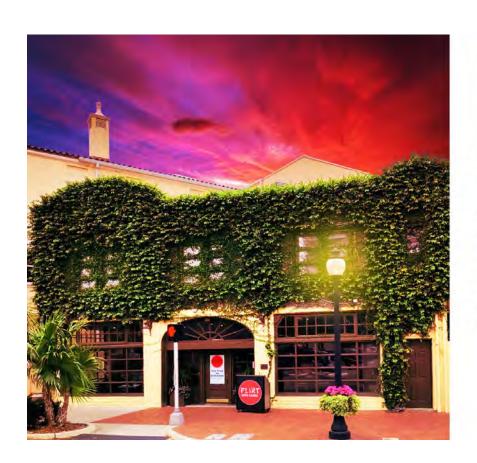


Philip E.

## **JULY**



Gay Group Happy Hour (G2H2) takes place the first Thursday of every month at a new location throughout Sarasota and provides the community with a different atmosphere to meet, network, and hang out! G2H2 Sarasota's goal is to spotlight businesses that are LGBT-friendly and welcoming to our community.





### 

# July



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
						6:00 P.M. Potluck: Syster Hall
3	Independence Day! 4	5	6	7	8	9
10	11	12	13	14	15	16
3:00– 5:00 P.M. Social at the Purple Rhino		1:00 P.M. Siesta Key Rum Tour	10:30 A.M. PT Board of Directors	1:00 P.M. North Side Lunch: Metro Diner		
3:00– 5:00 P.M.  PT Singles and Solos: Purple Rhino	18	19	20	21	22	23
24	25	26	27	28	29	30
3:00 P.M. Members Meeting: Syster Hall; <u>Dinner at Demetrio's</u>			6:00 P.M. Hamburger Night: Purple Rhino	1:00 P.M. South Lunch: Mattison's 41	1:00 P.M. Fotos For Fun: SRQ Classic Cars	



#### LISTEN TO YOUR MOTHER!!!

My Diamond's got so expensive. Look at the price of mink these days. I can hardly afford caviar.

WHAT AM I TO DO?

Well, at least. I can go on Michael and Robert's cruise because the price hasn't gone up YET!

Michael and Robert, COURTYARD TRAVEL, SARASOTA Prime timers present a WESTERN CARIBBEAN CRUISE NOVEMBER 5, 2022 TO NOVEMBER 12, 2022. Royal CARIBBEAN SERENADE OF THE SEAS FROM TAMPA

CRUISE ITINERARY NOVEMBER, 2022 05 TAMPA, FLORIDA. 4:00 DEPART 06 At Sea - Meet and Greet 07 Cozumel Mexico. 7:00 AM - 6:00 PM 08 Roatan, Honduras 8:00 AM - 6:00 PM 09 Belize City. Belize 8:00 AM - 6:00 PM 10 Costa Maya, Mexico 8:00 AM - 6:00 PM 11 At Sea - Raffles, jokes & Cocktail Party 12 Tampa Disembark 7:00 AM

All Rates are Per Person based on Double Occupancy

INSIDE from \$228.00 from \$359.00 Ocean View from \$646.00 Balcony Govt. Tax \$190.00. Port charges \$140.73 Deposit \$250.00 per person at time of booking Balance due by August 1 2022 REFUNDABLE BEFORE AUGUST 1, 2022

Book now. Cancellations are fully refundable before Aug. 1. 2022

#### 7 DAY CRUISE WITH PRICES STARTING AT \$228 CAN YOU BELIEVE IT?

Need A Cabin Mate? - Call Michael Stone. 941 359 8212

For Information and Reservations:

BOBETTE AT COURTYARD TRAVEL 98 CUTTER MILL RD. SUITE 475 GREAT NECK, NY 11021 1-800-437-9685

MICHAEL STONE, 941-350-8212

Robert Rosenthal 561-969-6958

# MICHAEL & ROBERT AND PRIME TIMERS SARASOTA COURTYARD TRAVEL CELEBRITY EQUINOX

#### AN 8 NIGHT CARIBBEAN CRUISE TO THE CARIBBEAN



MAY 13-21, 2023. - 8 NIGHTS - 6 PORTS - DEPOSIT - \$250 REFUNDABLE UNTIL Feb. 12, 2023 THESE EARLY PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE

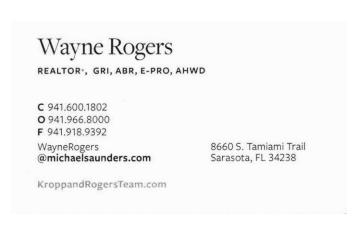
STATEROOMS AN Prices are per pers		FOR RESERVATIONS AND INFO	RMATION CONTACT	
Insides From	\$491.00 PP	<b>BOBETTE at Courtyard</b>	Michael Stone	
maidea mem	Ψ-51.0011	98 Cutter Mill Rd. Suite 475	941-359-8212	
Outsides from	\$640.00 PP	Great Neck, NY. 11021		
Balcony from	\$823.00 PP	1-800-437-9685	<b>Robert Rosenthal</b>	
			561-969-6958	
Suites from	\$2,489.00 PP	Need A Cabin Mate? Call Michael Stone		
Port charges -	\$161.63		941-359-8212	
Govt Fees -	\$250.00			

# **CLASSIFIEDS**















### **Official Newsletter Information**



Steve H.: Newsletter Editor,

### **PLEASE NOTE**

We will be using your personal contact information to send you our newsletters, event information, and chapter notices that may be of interest to you.

Articles and letters to the editor are *due no later than the 20th of each month* and should be emailed to **Steve H.** rather than to <u>primetimerssarasota@gmail.com</u>.

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Be sure to visit our website at: <a href="http://sarasotaprimetimers.org/">http://sarasotaprimetimers.org/</a>

Interested in joining? Download an application for EACH new member from the website and send with your check, payable to Sarasota Prime Timers, to: John M., 6109 35<sup>th</sup> Avenue W., Bradenton, FL 34209.

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