



“FOR THE BEST TIMES OF YOUR LIFE!”

Happy Thanksgiving! I hope you all have festive plans for the holiday. If you have nowhere to go, the Purple Rhino has offered a free Thanksgiving dinner both Thursday and Friday evening. Dale and I have partaken of Bob Donaldson’s generosity several times. It was certainly better than staying home alone. Check it out!



Your Board and the Care & Support committee have been very busy this past month. Be sure to attend our annual picnic on November 4th at S. Coquina Beach. And to make it even more special, we’ve invited the Prime Timers Tampa Bay chapter to join us. It will give you an excellent opportunity to meet and make some new friends. There is no need to RSVP to the picnic with your food choices. Surprise us !.

Care & Support committee co-chair Riccardo Didlick, Jan Weston, and I met with Declan Sheehy from the Friendship Center. Declan gave us a tour of the Senior Friendship Center and he and his staff shared with us all about their programming. We were amazed at what they offered and felt that it would be an excellent place in which our chapter members could join and participate. There are also lots of volunteer opportunities. Check out their website to learn more about them. <https://friendshipcenters.org/>. We see a terrific partnership between the Friendship Center and Prime Timers Sarasota. Annual membership in Sarasota is \$125 per person, which can be paid annually or monthly. If personal finances are tight, they also offer scholarships. Seasonal individual six-month membership is \$75. All programs offered at the center are free to members. You’ll be hearing more about them in the upcoming months.

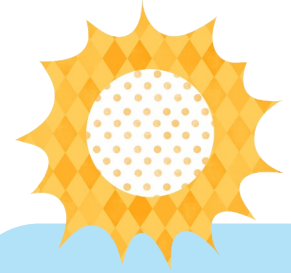
I’m excited to tell you that, under Vice President Michael Sloan’s leadership, you now have the opportunity to pay for events and annual memberships/renewals by credit card in addition to mailing in a check. Everything will be done online, so whether you pay by check or with a credit card, the form will be sent to us electronically. One caveat ... when you use a credit card, there will be a very small fee that is added to the total amount. I feel that the ease of paying online with a credit card is more than worth the additional processing fee. You now will be able to pay online for your ticket to the Holiday Dinner-Dance.

Speaking of new memberships applications and membership renewal, if you pay for it as early as November 1st, you can get 14 months for the price of 12 months. Look for eblasts and announcements in your newsletter for reminders and more information.

One last item for this month, Theatre Coordinator, Matt Leona, has scheduled us to see *Once on an Island* at the West Coast Black Theatre with a pre-theatre party at the home of Steve and Dale. Oh, what a night! Be sure to read your eblasts and newsletter for more details. I hope to see you there.

See you around!

Steve



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On This Page

Who are we...

Birthdays

Who we are...

Prime Timers Sarasota is a non-partisan social club for gay, bisexual, transgender or transitioning men over 21. In addition to our Fall Picnic and Holiday Party, each month we offer a potluck supper, two luncheons at area restaurants, a members' meeting with a speaker, home nights with games or movies, and day trips by bus or car pool to unique Florida Sun Coast attractions. Our social events are chosen to fit individual needs, priorities and affordability. Equally important is our commitment to Care and Support, where members assist one another with activities and needs of daily living. If a member is ill, injured or otherwise incapacitated, he can reach out for assistance to members nearby to help him with activities such as shopping, transportation, moral support, or help at home.

November Birthdays

<u>Name</u>	<u>Date</u>
Ton Clune	4
Duke Dawicki	6
Wayne Rogers	9
Carl Duplissis	10
Robert Black	15
Fred Burkacki	15
Jim Snopko	23
Andy Makowski	30
Wayne Officer	30





.....from the Editor

Well I guess we can now say that fall is here. It has been so cool the day that I wrote this article. As we know this means the beginning of the Holiday Season. This time of year often brings people together with family and friends to celebrate and show appreciation for one another. . You and I know that there are some of our gay brothers that have and do face the challenge of being disowned or estranged from their biological families due to their sexual orientation. I live with one such person. His mother disowned him as a teen because he was in a gay relationship. They have not been in communication for years.

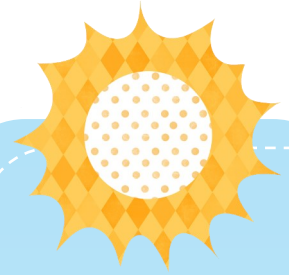
As a gay person I have, and I am sure others of you have developed our family of choice in addition to or instead of our biological family.. These are the people that we know are there for us and with us no matter happens. Eddie is separated from his biological family by their choice and my family is limited.

With this is mind we extend this invitation.....



I encourage you all to share this Holiday Season and open your heart and home up to others who will be alone this season.

Happy Thanksgiving. Tom, Eddie and Bettie
Boop (our furbaby of choice)



 **FAMILY**
Thanksgiving
2023



Announcements

Membership renewal

Beginning November , 2023, you will be able to renew your annual membership with Prime Timers of Sarasota. Membership renewal will close on January 31, 2024. After that date if you have not renewed your membership you will be removed from the roster, mailing list and you will not receive the monthly newsletter as of February 1, 2024. Membership is \$30.00 per year. Beat the last minute rush and renew today. [Application for membership.](#)



I would like to add a celebration of your anniversary as partners or husband and husband to our newsletter. Please send me your names and what you consider to be anniversary date. Send this information to tominparadise22@gmail.com , thanks!

Congratulations, this month Steve and Dale are celebrating their anniversary on November 7th. How many years has it been guys? Steve replied that it has been 28 years!

Dan Warren and Steve Warren celebrate their anniversary on Thanksgiving. This year will be # 35!

End of 2023

62 days left in 2023 as of November 1, 2023. What has this year meant to you? What was special in this year, what new joy did you have, what do you have to be grateful for, or/and what continues to be a joy in your life. Let's draw the year to a close together on a positive note. Please send me your answer to tominparadise22@gmail.com. I will post your notes in the December newsletter. .



Calendar of events



Wednesday, Nov. 1st at 1:00PM Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wed. If you want to attend, or if you want more information, contact Bruce Burbage

bruceburbage@yahoo.com)



Saturday, Nov 4 th @ 3:00 PM Picnic at Coquina Beach. 3:00 pm for gathering and social : 4:00 pm to eat. Coquina Beach is at the very southern tip of Anna Maria Island on Gulf Dr. right by the bridge to Long Boat Key. Lots of fresh air, cool friends and HOT chit-chat. Some of our friends from Tampa Bay Area Prime Timers will be joining us. Plan to come a bit early to enjoy visiting with other members and help set up. (And please hang around a few minutes afterward to help clean up.) **MANY HANDS MAKE LIGHT WORK!** Bring your favorite picnic pick and see you there.



BOARD OF DIRECTORS MEETING: SECOND Wednesday, November 8th, 10:30 A.M., at Steve Hoffner, 's at 5120 Marshfield Rd., Sarasota. .Please email Steve at (sphoffner@gmail.com) now, if you plan to attend. Any member is welcome. See your Board in action and share your ideas and concerns for the good of the club.



Wednesday, Nov. 8th at 1:00 1 PM Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wed. If you want to attend, or if you want more information, contact Bruce Burbage

bruceburbage@yahoo.com)



Wednesday, Nov. 8th at 6:30 PM. Pre-Theatre Wine and Cheese party at Dale and Steve's 3725 Glen Oaks Manor Dr followed by *Once on This Island* is a Tony winning musical at the Westcoast Black Theatre. Order your tickets NOW and join us at the theatre. Contact Matt Leona (bongo44@aol.com) to let him know you are planning to attend.

NORTH SIDE LUNCH: SECOND Thursday, November 9th at 1PM at Djonisi's Restaurant, 4940 Fruitville Road, Sarasota. Please RSVP to Dan Warren at danmichaelwarren@gmail.com or danwarren@earthlink.net or 941-359-2526 by 2:00 PM Wednesday, November 8th.



2nd SUNDAY SOCIAL AT THE PURPLE RHINO: Sunday, November 12th, 3:00 – 5:00 P.M. Plan to stop by, have a drink, and catch up with friends. Attendance is limited to 30. Delicious snacks are provided by Rick, our own friendly bartender. Good friends...good chatter...good comradery **(Please feel free to leave a tip for Rick in a jar on a table by the entrance. Show your appreciation for his time, effort, & cost that he provides for us.)**

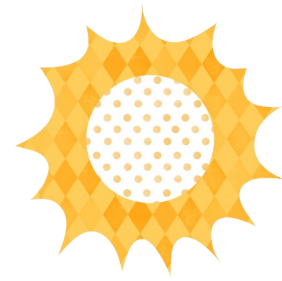


Wednesday, Nov. 15th at 1:00 1 PM Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wed. If you want to attend, or if you want more information, contact Bruce Burbage

bruceburbage@yahoo.com)



Calendar of events *continued*



PT SINGLES & SOLOS CLUB: Sunday, November 19th, from 3:00 to 5:00 P.M. at the Purple Rhino. Come and meet like-minded members and discuss possible future activities for this group. Everyone is welcome. For more information, please contact Matt at bongo44@aol.com.



Cover to Cover Book Club Meeting, Tuesday, November 21st @10:30 AM, will meet at the Fruitville Library. We will be meeting once a month and welcome any and all members. This month the discussion will be about *West with Giraffe* by Lynda Rutledge. For additional information contact David Guyet (sandheim@msn.com)



Wednesday, Nov. 22nd at 1:00 1 PM Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wed. If you want to attend, or if you want more information, contact Bruce Burbage

bruceburbage@yahoo.com)



HAMBURGER NIGHT: FOURTH Wednesday, November 25th, at 6:00 P.M., at the Purple Rhino, 2920 S. Beneva, (Corner of Webber) You have to eat dinner, why not with some of your Prime Timer buddies?



SOUTH SIDE LUNCH: Thursday, November 30th 1 PM at Plazs Mexico, 1894 Stickney Point Road, Sarasota. ****this is one week later than the usual 4th Thursday, due to Thanksgiving being on the 23rd.** Please RSVP to Dan Warren at danmichaelwarren@gmail.com or danwarren@earthlink.net or 941-359-2526 by 2:00 PM on Wednesday, November 29th.

There is no General Membership Meeting in November or December!



These smaller events are a great time and place to get to know your fellow PrimeTimers in a more personal way. The Board recently reinstated a 50/50 raffle at both the Potluck and the Membership Meeting. Buy a ticket and you just might go home with some cash as well as new friends.



CIRCLE THE DATE NOW !!! Upcoming events! *Date: Saturday, December 9, 2023*



We're off to Ybor City on Thursday, December 7th. Meeting at First Congregation Church at 10:00 AM and return home at 10 PM. Keep an eye for Dale's emails for more information.

2023 Prime Timers Holiday Dinner Dance

Date: Saturday, December 9, 2023



Mark your calendars! The December 19th Singles and Solos will not be held at the Purple Rhino. Instead, the group will attend the Westcoast Black Theatre production of Joyful, Joyful, a magnificent Christmas show full of music and dance. We will attend the matinee on Sunday Dec 17 at 2 PM. Tickets are \$48 and can be purchased online at Westcoast Black Theatre. Choose seats in Section 5 so we can all sit together. Of course, all PrimeTimers are invited and encouraged to join us. Tickets are selling fast, so don't wait too long to make your purchase. Any questions, please call Matt Leona at 941-750-6457.





ALL FAITHS FOOD BANK

As I grow in age and wisdom I find that part of the price I pay are some lapses of memory! Recently at our meetings I've been asked what we contributed last year to our one and only charitable outreach, All Faiths Food Bank. I've been saying that last year we gave \$1,000. I recently rediscovered my notes. As a group, we gave \$2,000 in 2022! Hooray! We have two more months to at least hit that same amount.

One way to aim for that goal is to participate in a special event the Food Bank is sponsoring in November. Friends FULL of Giving Saturday November 11, at 5:30pm is an evening of friends, food, and fun. The place is an exquisite location, 560 N Casey Key Road, Osprey. The proceeds will benefit the Thank FULL Tummies Campaign which provides families in need with holiday turkeys. Come enjoy a delicious modern Thanksgiving Dinner. Tickets are \$350 each. Of that amount \$225 is tax deductible.

For tickets and more information contact Becky Wright at 941-549-8131 or bwright@allfaithsfoodbank.org.

Donations can be mailed to All Faiths Food Bank 8171 Blaikie Ct Sarasota FL 34240-9886 Be sure to note Prime Timers on your check.
GOBBLE GOBBLE! Mike Moran

This Month in Gay History

November , 2018– More than 150 LGBTQ candidates were elected into office, putting a historic number of queer or transgendered politicians in positions of power.

November,8, 1977- Harvey Milk wins a seat on the San Francisco Board of Supervisors and is responsible for introducing a gay rights ordinance protecting gays and lesbians from being fired from their jobs.

November 30, 1993- President Bill Clinton signs a military policy known as "Don't ask, don't tell" which took effect on February 24, 1994. The policy prohibited military personnel from discriminating against or harassing closeted gay or bisexual service members or applicants, while barring openly gay, lesbian or bisexual person from military service.



ALL AROUND CHARTERS & TOURS

Click above and it will take you to their webpage

Address: 10 E. Colonia Lane, Nokomis, FL 34275; Phone: (941) 488-9393

e-mail: Tours@AllAroundBus.com; Website:

Tarpon Springs / Nov 8, 2023 / \$45.00 p/p



Calypso Breeze Sightseeing Luncheon Cruise / Madera Beach Nov 16, 2023 / \$79.00 p/p



30th Annual Dunedin Craft Festival / Nov 18, 2023 / \$45.00 p/p



Doublewide Texas Christmas ~ Dinner Theatre (Matinée Performance) / Ft. Meyers Nov 26, 2023 / \$95.00 p/p



*Good Friends,
Good Food,
Good Times*



Potluck



Annual General Membership Meeting



Remember- The October General Membership Meeting will always be the Annual Membership Meeting.



HEALTH MATTERS:

SOME WAYS TO AGE-PROOF A HOME FOR OLDER ADULTS

Edited by Steve Horowitz

Are you at the stage in your life where you are planning on retirement or have already retired? This is the time when many decide to either move to a retirement community or consider aging in place. This can be a difficult decision to make for many, but generally, older adults prefer to age in place. It is the preferred option as aging in place means staying among familiar surroundings, memories, and friends. However, this is also an option fraught with risk. The Centers for Disease Control and Prevention has reported that, each year, one out of four older people suffer a fall, resulting in an injury. The World Health Organization (WHO) has also stated that adults older than 65 years of age suffer the greatest number of fatal falls. There's no need to be alarmed, though. A few practical design changes in your house can help ensure that you can grow old in it comfortably and safely. Age-proofing a home is a simple but necessary step you must take for your own benefit. To help you design and adapt your home to take you into your golden years, we have shared some handy and practical tips that will make your property more accessible and safer for your life ahead.

Install Grab Bars At Strategic Locations. According to the National Council on Aging, an older adult is treated in the emergency room for a fall every 11 seconds. One of the ways to reduce this risk is by adding grab bars in different parts of your house. The bathroom, especially, will need one as the floor there is almost always moist and older adults will always be at risk of slipping and falling. However, simply adding these handles everywhere in your house won't make sense; you should be strategic about it. For instance, an overlooked spot in the house that should have a grab handle is the front door. If you are entering the house with a few packages in your hands, you would need something to hold onto for balance other than the door handle. This is where a grab bar would be really handy.

Use Lever Doorknobs Instead Of A Round Doorknob. Round doorknobs are common in every home. However, you aren't ideal for seniors. The Centers for Disease Control and Prevention reports that nearly 50% of people 65 years or older have arthritis. Joint issues like these can make it harder to grip a round doorknob. Furthermore, if you have some form of muscle weakness, rotating your arms to move the doorknob can also be strenuous. One suggestion is to replace round doorknobs with a lever-style handle. They are inexpensive and you won't need to grip the handle; you can simply apply pressure to open the door. Moreover, such handles also make it easier for seniors in a wheelchair to open the door. Another option is using doorknob grips. They are low-cost devices that easily fit over an existing doorknob and enable you to comfortably open doorways with a single finger.

Better Carpeting. As previously mentioned, falls are the most common form of injury for seniors, and more than half of those falls happen inside the home. This is because floors can be slippery and hence a living space must have an even, non-slip floor. One helpful solution is to secure any hardwood, laminate, or tile flooring with a quality hard-wearing carpet. These carpets can help cushion a fall much better than any hard surface. If you have hardwood flooring, try getting anchored carpets, as they have a softer surface and will provide you with more traction around the house. Make sure, however, that you get rid of high-pile carpets with long, tall fibers as they are considered a tripping hazard. Ideally, a firm carpet with a short pile is a safer option. Also, ensure that the carpets don't have any loose ends, as that's a potential tripping hazard, too.

Secure The Stairs. Stairs can be dangerous for the older adult and are an extremely common place for falls to happen. Thus, it is important to secure the stairs in the house to make the place safer for you. You can start by installing two sets of railings for every set of stairs in your home. This will give you some extra grip as you are climbing up or going down the stairs. You can also apply non-slip adhesive strips to the stairs, which are easily affordable and can be found in any retail store. If you have the budget for it, you can install stair lifts or ramps to make it easier for you to access the house. Ideally, though, the bedroom should be at the ground level of the house. If every room you need is located on the first floor, you won't have to use the stairs regularly. Remember



Edited by Steve Horowitz



HEALTH MATTERS:

SOME WAYS TO AGE-PROOF A HOME FOR OLDER ADULTS (continued)

that climbing stairs can be a rather difficult task when you are older.

Include A Shower Bench or Chair. A safe place to sit in the shower is oftentimes quite vital. It eases the strain on your body and also decreases the amount of time you have to stand in the shower. To help you with this, a shower bench would be handy. It will reduce your chances of slipping and falling and will also give you some time to rest if you get tired. Installing a bench is quite easy, but if you aren't able to do it yourself, ask a friend or hire a handyman to do it. Just make sure that it's large enough for you to sit comfortably and to bathe on. If there's limited space in the bathroom, you can install a bench seat that can flip up when not in use.



Pull-Out Drawers For The Kitchen. While pull-out drawers aren't specifically designed for older adults, they can be quite helpful. These drawers have an additional sliding mechanism that allows them to be pulled out or forward whenever necessary, offering better access at the back portion and the corners. Installing these drawers in the kitchen will provide you with an easier reach to dishes, tools, and cookware. **More importantly, pull-out drawers will also ensure that you don't have to bend over or strain yourself to take out some item from the back of the cabinet.**

Source: Bhavesh B. <https://www.ba-bamail.com/tips-life-hacks-and-diy/6-tips-for-converting-a-house-into-a-senior-friendly-home/> [Online] November 15, 2023.





Gay Group Happy Hour (G2H2) takes place the first Thursday of every month at a new location throughout Sarasota and provides the community with a different atmosphere to meet, network, and hang out! G2H2 Sarasota's goal is to spotlight businesses that are LGBT-friendly and welcoming to our community.



CMX
CINÉBISTRO

CMX CINEBISTRO
3501 S TAMIAMI TRAIL

- ▶ Free Appetizers
- ▶ Door Prizes
- ▶ 50/50 Raffle
- ▶ Snack and Supply Drive For ALSO Youth

\$10
COVER

THUR, NOV 2ND | 5:30 TO 8:30

**FEATURING THE BEST
LGBTQ FRIENDLY
BUSINESSES IN SARASOTA!**

FOR MORE INFO: G2H2SARASOTA.COM



From the Kitchen.....



Please send me one of your favorite or recent Potluck Recipes. Each month a recipe will be Selected. This is one of Michael Stone's .Enjoy!

Moroccan Beef Casserole

Serving Size : 8 Preparation Time :1:00

Categories :Middle Eastern

Ingredients

Amount Measure

-
- 1 each Eggplant -- 1 lb or more unpeeled
 - 2 Tablespoons extra virgin olive oil
 - 1 pound lean ground beef
 - 1 Tablespoon Cinnamon
 - 1/4 teaspoon allspice
 - 1/4 teaspoon nutmeg
 - 1 Tablespoon Za'atar -- Buy at Whole Foods or order from Amazon (also available at Publix)
 - 1/4 teaspoon red pepper flakes
 - 1 Tablespoon tomato paste
 - 1 can chopped tomatoes in juice -- 14 oz can
 - 1 can Garbanzo beans -- rinsed and drained

Preparation

Cut eggplant into 1" cubes and place in large bowl. Toss with olive oil, salt and pepper. Place evenly into air fryer basket and cook at 375 degrees for 20 minutes, shaking once, then remove to plate.

Sauté Beef in skillet until browned. Add Cinnamon, allspice, nutmeg, Zahtar and pepper flakes and mix. Then add tomato paste and cook until browned. Add canned tomatoes and eggplant and stir all together until hot. Mix in Garbanzo Beans (optional)

Serve over rice or noodles.

Source:

"Robert Rosenthal"* Exported from MasterCook *"



Classifieds

Purple Rhino Lodge



2920 Beneva Road
Sarasota, FL 34232

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ThePurpleRhino.org

PurpleRhino
The Fun & Charity of Sarasota's Gay Community

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*And other personal
pick-ups*

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Woff405813@hotmail.com

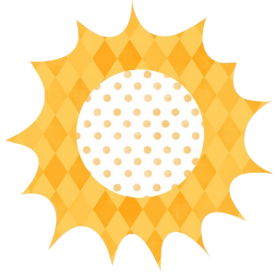
Wayne Officer

Prime Timers Sarasota

Enriching social lives of mature gay/bi men

Phone: 941-993-3561
E-mail: primetimerssarasota@gmail.com
Website: www.sarasotaprimetimers.org

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Me



2023 BOARD of DIRECTORS

President: Steve Horowitz
Vice President: Michael Sloan
Secretary: Lee Linkous
Treasurer: Bill Thomas
Members at Large: Jerry Travis, Mike Moran, Steve Hoffner

COMMITTEES

EVENTS

Events Coordinator: Dale Moore
North Lunch: Dan Warren
South Lunch: Dan Warren
Potluck: Michael Stone
Book Club: David Guyet
Singles and Solos: Matt Leona
Theatre Group: Matt Leona
Food Bank: Mike Moran

MEMBERSHIP

Membership Roster: Steve Horowitz
New Member E-Mail Package: Steve Horowitz
Greeting and Name Tags: Mike Moran

HOSPITALITY

Membership Meeting Refreshments: Dale Moore
Membership Meeting Speakers: Dale Moore
Potluck Supplies: Board of Directors

COMMUNICATIONS

Newsletter Editor: Tom Peterson
Newsletter Proofreaders: John Mickelbank, Ron Gibson, Michael Sloan, Steve Horowitz
Google Lists: Steve Horowitz
Web Master: Michael Sloan
Facebook: *Volunteer Needed*



CARE AND SUPPORT

Riccardo Didlick and Steve Hoffner, Co-Chairs, Rick Coyne, Irv Krauledis, Chris Harris, Mark Carrier, Jan Weston, Mel Fingerut, All Prime Timers Members*



Prime Timers Sarasota

Enriching social lives of mature gay/bi men

Official Newsletter Information



Tom Peterson, Newsletter Editor
tominparadise22@gmail.com

PLEASE NOTE: We will be using your personal contact information to send you our newsletters, event information, and chapter notices.

Articles and letters to the editor are **due no later than the 20th of each month** and should be emailed to **Tom Peterson** rather than to primetimerssarasota@gmail.com.

PRIME TIMERS SARASOTA
941-993-3561; primetimerssarasota@gmail.com

Be sure to visit our website at: <http://sarasotaprimetimers.org/>



Interested in joining? Download an application for **EACH** new member from the website and send with your check, payable to Prime Timers Sarasota

**To : Prime Timers Sarasota,
PO Box 1003, Tallevast, FL 34270**

Visit us on Facebook at: www.facebook.com/PTsarasota

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