# Prime Timers Sarasota

Enriching social lives of mature gay/bi men

# *"FOR THE BEST TIMES OF YOUR LIFE!"* April, 2024

#### **President's Message**

April Fools! Some historians speculate that April Fools; Day dates back to 1582, when France switched from the Julian calendar to the Gregorian calendar, as called for by the Council of Trent in 1563. In the Julian Calendar, as in the Hindu calendar, the new year began with the spring equinox around April 1st. People who were slow to get the news or failed to recognize that the start of the new year had moved to January 1st and continued to celebrate it during the last



week of March through April 1 became the butt of jokes and hoaxes and were called *April fools*. These pranks included having paper fish placed on their backs and being referred to as *poisson d'avril* (April fish), said to symbolize a young, easily caught fish and a gullible person.

March was another fun month for Prime Timers Sarasota. In addition to our regular activities, There was a great St. Patrick's Day Party at Ron and Jerry's home. Embracing Our Differences showed wonderful billboards about diversity. Our tour guide, Ben, really helped us understand the meanings much better than if we just wandered about ourselves. Lunch followed at O'Leary's Tiki Bar and Grill, which was a first for many of us and was quite enjoyable. You can thank our Events Coordinator, Matt Leona, for programming this for us.

There is still time to participate in Elliott Weinstein's LGBTQ+ online health survey. Many of us have already completed it and found it most interesting. If you would like to be part of his doctoral dissertation study, please contact Elliott at <u>erw73@miami.edu</u>.

On Sunday, April 7 th at 2:00 P.M., our Prime Timers Theatre Group is going to see Ruby, a world premiere musical, at the Westcoast Black Theatre. Tickets are \$50.00 and are available at <u>https://westcoastblacktheatre.org/</u> Choose section one (1) so we can sit together. There are very few tickets left, so be sure to order yours NOW!

Aren't you tired of always having to write out your name on those sticky paper badges? I see that a lot of our members have wisely decided to purchase their new Prime Timers Sarasota name badge. If you are a single member, the badge is blue, while partnered members will receive magenta badges. To order your new badge, click on this link: <u>https://custom-name-badge.cheddarup.com/</u> Your name badge will be sent directly to the mailing address that we have on file for you as shown in the official Prime Timers Sarasota Member Roster.

See you around.

Steve



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**On This Page** 

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#### Who we are...

Prime Timers Sarasota is a non-partisan social club for gay, bisexual, transgender or transitioning men over 21. In addition to our Fall Picnic and Holiday Party, each month we offer a potluck supper, two luncheons at area restaurants, a members' meeting with a speaker, home nights with games or movies, and day trips by bus or car pool to unique Florida Sun Coast attractions. Our social events are chosen to fit individual needs, priorities and affordability. Equally important is our commitment to Care and Support, where members assist one another with activities and needs of daily living. If a member is ill, injured or otherwise incapacitated, he can reach out for assistance to members nearby to help him with activities such as shopping, transportation, moral support, or help at home. To find out who is nearby contact any board member .

#### **April Birthdays**

Name	Date
John Miller	2
Terry Pierson	8
Rick Brown	12
Paul Urbanick	14
Kurt Juedes	22
Gordon Stanley	24
Bruce Veeder	24
Steven Hoffner	28



NELCON

#### New Members

David Miedema John Volpe Edward Hebert Michael Matles John Burdette Mike Wilson Stephen Stanley Roi Parker Darren Ferrato Larry Freeland



### .....from the Editor

Recently Eddie and I have gone to 2 Orchid Shows and joined the Venice Orchid Society. Eddie has become a lover of Phalaenopsis orchids and I am just an all around lover of orchids. The last orchid show that we went to we bought about 13 or so orchids. Yes, or so!

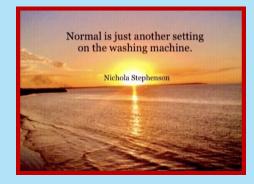
I lived in Ft. Lauderdale about 43 years ago and I had quite a few orchids. One of the things that I looked forward to when we decided to moved to Florida from Nashville, Tennessee was to once again to have orchids growing around our home. I also love flowers in general and in Florida you can put a stick in the ground and make it grow.

Did you know there are 28,00 known orchid species and about 150,000 hybrids....so we have a way to go. Orchids grown on every continent and even in the Arctic!!!

The beauty to the right is one that I won at the Venice Orchid Society in a raffle. In person it looks like the purple is painted on and it looks almost fluorescent in the sunlight. Yes I am in love with Eddie and orchids ....

Now some people would say that we are obsessed, addicted, not normal......

...well I found this definition of Normal on the web:



So what do you obsess about as a resident of Paradise? Let me know !

Abnormally Yours,

Tom



# Announcements



**If you know of a member who lives alone,** offer to call them daily as a check in. Be sure that they have your name and phone number and be sure to get an alternate contact person name and phone number, if you can't reach them.

Be sure to let Steve know if they have other needs, i.e. transportation.

stevehor2004@yahoo.com



**Saturday, November 2nd.** Annual Picnic at Coquina Beach Gulf side South Pavilion. Coquina Beach is at the very southern tip of Anna Maria Island on Gulf Dr. right by the bridge to Long Boat Key. Lots of fresh air, cool friends and HOT chit-chat. Mark your calendars for this date! More details as the date draws closer.

Holiday Dinner and Dance



**Saturday, December 21st. Our annual Holiday Dinner Dance** at the Peridia Golf and Country Club, 4950 Peridia Blvd., W. Bradenton. Mark your calendars for this date! Details as the date draws closer.



# Announcements

### Lunch Cruise on Calypso Tropical Cruises, Madeira Beach FL

When: Wednesday, April 23, 2024 12:00 PM, EDT

Where Calypso Tropical Cruise, John's Pass Village, 177 Boardwalk Pl., E. Madeira, FL.

#### **Event Details**

*Gays on the water*? Rum Punch, Beer AND Wine? Buffet Lunch??? All this for \$42.00???? Yes, all this and more on Tuesday, April 23rd at 12:00 noon (boat departs at 12:30)on a lunch buffet cruise called the Calypso Breeze.

#### April 9th is the cutoff date to buy tickets !

#### No tickets will be sold after April 9th

See the beautiful sights of John's Pass and Madeira Beach on this smooth inland water cruise with captain's live sightseeing narration. Pelicans, Great Blue Herons and Snowy Egrets are a common sight nestled in the mangroves of a protected bird sanctuary.

\*Complimentary beer, wine, rum punch and soft drinks.

#### **Tropical Island Style Buffet**

\*Assorted Florida Fruits, Caesar Salad, Creamy Coleslaw, Key West Potato Salad, Roasted Chicken with Mango Glaze, Tender Beef Teriyaki, Pulled Pork in a Sweet BBQ Sauce, Yellow Rice, Black Beans, Vegetables, Flour Tortillas, and Fresh Baked Rolls & Butter.

These directions are from the <u>website</u>.—Meet at 177 Boardwalk PI-E. Madeira Beach. Check in at our ticket widow on the ground floor of the parking garage, located on the West End , underneath the main boardwalk.

### I strongly suggest you go early and find where to park and find the ticket window, if you are late THE BOAT IS NOT GOING TO WAIT FOR YOU !

<u>Use the Prime Timers Tampa Bay website to purchase tickets or mail checks to Terry at the address below.</u> Please be mindful of the April 9th cutoff date for registration and payment.

Mail checks payable to PTTB Terry Lauer 5660 80th Street N. Unit A 308 St. Petersburg, FL, 33709 For more information please contact Terry by email at Tlauer35@Gmail.com









#### **Custom Name Badge**

You will be asked how you wish your name to read on the badge. You may use just your first name or your full name on the badge -- whichever you prefer. As we've done in the past with the handwritten paper badges at our events, the badges are color coded. **Partnered members will receive burgundy badges while single members will receive blue badges.** "Prime Timers Sarasota" will appear on the badge below your name.

Note: Your name badge will be sent directly to the mailing address that we have on file for you as shown in the official Prime Timers Sarasota Member Roster.

Click on this link to order your badge/badges: https://custom-name-badge.cheddarup.com/



## **Apríl Calendar of events**





Wednesday, April 3rd at 1:00PM Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wed. If you want to attend, or if you want more information, contact Bruce Burbage

Thursday, April 4th, NORTH SIDE LUNCH: at 1:00 P.M, at the Stonewood Grill located at 5415 University Parkway in Sarasota. (Note:This is on the first week). Please RSVP to Dan Warren at <u>danmichael-</u> <u>warren@gmail.com</u> or <u>danwarren@earthlink.net</u> or 941-359-2526 by 2:00 P.M. on Wednesday, April 3rd, if you plan to attend.

**First Saturday, April 6th, POTLUCK: 6:00 P.M.,Syster Hall**, 1<sup>st</sup> Congregational Church, 1031 South Euclid Ave. If you have not been to a potluck lately... you have been missed and missing out on lots of good food and friendship. Plan to come a bit early to enjoy visiting with other members and help set up. (And please hang around a few minutes afterward to help clean up.) *MANY HANDS MAKE LIGHT WORK!* Bring a dish to share (main, side dish, appetizer, dessert). Please send an RSVP to Michael Stone at <u>mstonefl@gmail.com</u> with the specifics of what you intend to bring, ex: "main dish -- chicken casserole". Email in your selection early and your chances of getting your selection are better. Label Dish with your name (so we can share recipes) and what your food item is.









**BOARD OF DIRECTORS MEETING: SECOND Wednesday, April 10th, 10:30 A.M., at** <u>the</u> home of Lee Linkus located at 4601 Del Sol Blvd in Sarasota. .Please email Steve Horowitz at (<u>stevehor2004@yahoo.com</u>) now, if you plan to attend. Any member is welcome. See your Board in action and share your ideas and concerns for the good of the club.

Second SUNDAY SOCIAL at The Purple Rhino, April 14th, at 3:30 – 5:00 P.M. located at the corner of Beneva and Webber, . Plan to stop by, have a drink, and catch up with friends. . Delicious snacks are provided by Rick, our own friendly bartender. Good friends...good chatter...good comradery (Please feel free to leave a tip for Rick in a jar on a table by the entrance.)

Wednesday, April 10th at 1:00PM Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wed. If you want to attend, or if you want more information, contact Bruce Burbage

bruceburbage@yahoo.com)



GENERAL MEMBERSHIP MEETING: FOURTH Sunday, April 28th, at 3:00

**P.M.** in , **Syster Hall** ,at 1<sup>st</sup> Congregational Church at 1031 South Euclid Avenue, Sarasota. Games and Cards. Mexican Train, Dominoes, Scrabble, Trivila Pursuit, Rummicubes, Euchre, Hearts, Bridge, Gin Rummy, Strip Poker...HA,HA just kidding, but I bet it got your attention!. Dinner will be provided. This is where we hold our potlucks ???. You are invited to join other members for dinner afterwards.

## **April Calendar of events** continued





**Tuesday, April 16th @10:30 AM Cover to Cover Book Club Meeting**, will meet at the Fruitville Library located at 100 Apex Rd. in Sarasota. We will be meeting once a month and welcome any and all members. This month the discussion will be about *The Rent Collector* by Camron Wright. For additional information contact David Guyet (sandheim@msn.com).



Wednesday, April 17th at 1:00 1 PM Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wed. If you want to attend, or if you want more information, contact Bruce Burbage

bruceburbage@yahoo.com)



**Thursday, April 18th at 10:30 AM Ferry from Bradenton to Bridge Street on Anna Maria Island.** Free parking at City Centre Parking facility on 3rd Avenue between 10th and 12th Streets. Walk on Riverwalk to Bradenton docks. Round Trip ticket is \$10.00 and can be purchased online at bradentongulfislands.com/gluf-islands-ferry. We will have lunch at a local restaurant and return to Bradenton at 3:00PM.

Thursday, April 18thth, NORTH SIDE LUNCH: at 1:00 P.M, .(Note: This is the Third Week). at Skillets Restaurant located at 8635 S. Tamiami Trail in Sarasota. Please RSVP to Dan Warren at <u>danmichaelwarren@gmail.com</u> or <u>danwarren@earthlink.net</u> or 941-359-2526 by 2:00 P.M. on Wednesday, April 17th, if you plan to attend.



**April 20-27. Western Caribbean Criuse on the Enchanment of the Seas.** Our cruise is coming up and the good news is that you can still book cabins ! Matt (941)750-6457 can help you find a room to share, if needed. The cruise will be a great way to have fun in the sun/ Ports include Cozumel, Roatan, Belize City and Puerto Costa Maya. Contact Andrew at Courtyard Travel (516)773-3700.



Wednesday, April 24th at 1:00 1 PM Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wed. If you want to attend, or if you want more information, contact Bruce Burbage

bruceburbage@yahoo.com)



**Wednesday, April 24th, at 6:00 P.M., HAMBURGER NIGHT: at** the Purple Rhino, 2920 S. Beneva, (Corner of Webber) You have to eat dinner, why not with some of your Prime Timer buddies? Hint: Get there by 5;30 pm to get served sooner.





# **April Calendar of events**



Wednesday, My 1st at 1:00 PM Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wed. If you want to attend, or if you want more information, contact Bruce Burbage at <u>bruceburbage@yahoo.com</u>)



**POTLUCK: FIRST Saturday, May 4th,** 6:00 P.**M.,Syster Hall**, 1<sup>st</sup> Congregational Church, 1031 South Euclid Ave. If you have not been to a potluck lately... you have been missed and missing out on lots of good food and friendship. Plan to come a bit early to enjoy visiting with other members and help set up. (And please hang around a few minutes afterward to help clean up.) *MANY HANDS MAKE LIGHT WORK!* Bring a dish to share (main, side dish, appetizer, dessert). Please send an RSVP to Michael Stone at <u>mstonefl@gmail.com</u> with the specifics of what you intend to bring, ex: "main dish -chicken casserole". Email in your selection early and your chances of getting your selection are better. Label Dish with your name (so we can share recipes) and what your food item is.





A mother of three, Kristen always prioritizes taking care of her family and community above all. She works part-time taking care of seniors living with Alzheimer's. As the sole provider for her three children, Kristen works hard to ensure there is enough food on the table. But ever since being laid off from her full -time job, it's been a challenge to pay for every essential. Kristen noticed a flyer for All Faiths Food Bank at the Roy McBean Boys and Girls Club when dropping her son Kepler off for camp. She decided to check it out.

Our kind support of All Faiths Food Bank enables Kristen to bring home many healthy foods from the pantry for her family to enjoy, like fresh produce and shelf-stable staples. She expressed her appreciation for the food and for our support, which relieves her stress during hard times. Our gifts provide health and hope for Kristen and so many more neighbors!

We are now in the midst of the Campaign Against Summer Hunger. Our gifts given April 1<sup>st</sup> to May 15<sup>th</sup> will be matched dollar for dollar. What a great opportunity to make a big difference for many grateful people. Send your contribution to All Faiths Food Bank 8171 Blaikie Ct Sarasota FL 34240-9886. Be sure to note Prime Timers of Sarasota on your check.

Thanks so much, Mike Moran





Click above and it will take you to their webpage

#### Address: 10 E. Colonia Lane, Nokomis, FL 34275; Phone: (941) 488-9393

#### e-mail: Tours@AllAroundBus.com;

Website: www.AllAroundBus.com



The Doo Wop Project at Ruth Eckerd Hall, Clearwater, (Matinée Performance) / April 7, 2024 / \$90.00 p/p



Perfect Wedding ~ Dinner Theatre. Ft/ Meyers (Matinée Performance) / May 8, 2024 / \$95.00

















The "3 Johns"





Camille and Tim of the Venice Theater









#### MEDICAL MARIJUANA: IS IT FOR YOU?

By Steve Horowitz

Medical marijuana is a term for derivatives of the Cannabis sativa plant that are used to ease symptoms caused by certain medical conditions. Medical marijuana is also known as medical cannabis. Cannabis sativa contains many active compounds. The best known are delta-9 tetrahydrocannabinol (THC) and cannabidiol (CBD). THC is the primary ingredient in marijuana that makes people *high*.

<u>When Is Medical Marijuana Appropriate?</u> Studies report that medical cannabis has possible benefits for several conditions. State laws vary in which conditions qualify people for treatment with medical marijuana. If you're considering marijuana for medical use, check your state's regulations. Depending on the state, you may qualify for treatment with medical marijuana if you meet certain requirements and have a qualifying condition, such as:

Alzheimer's disease Amyotrophic lateral sclerosis (ALS) HIV/AIDS Crohn's disease Epilepsy and seizures Glaucoma Multiple sclerosis and muscle spasms Severe and chronic pain Severe nausea or vomiting caused by cancer treatment

#### Is Medical Marijuana Safe?

Further study is needed to answer this question, but possible side effects of medical marijuana may include:

Increased heart rate Dizziness Impaired concentration and memory Slower reaction times Negative drug-to-drug interactions Increased risk of heart attack and stroke Increased appetite Potential for addiction Hallucinations or mental illness Withdrawal symptoms

Some medical marijuana is formulated to provide symptom relief without the intoxicating, mood-altering effects associated with recreational use of marijuana.

#### Is Medical Marijuana Available As A Prescription Medicine?

The U.S. Food and Drug Administration (FDA) has not approved the use of cannabis as a treatment for any medical condition. However, the FDA has approved the cannabinoids cannabidiol (Epidiolex) and dronabinol (Marinol, Syndros). Cannabidiol can be used for certain forms of severe epilepsy. Dronabinol can be used for nausea and vomiting caused by cancer chemotherapy and for anorexia associated with weight loss in people with AIDS.

What You Can Expect

Medical marijuana comes in a variety of forms, including Pill, Liquid, Oil, Powder, and Dried leaves. How and



#### MEDICAL MARIJUANA: IS IT FOR YOU?

By Steve Horowitz

and where you purchase medical marijuana varies by state. Once you have the product, you administer it yourself. How often you use it depends on its form and your symptoms. Your symptom relief and side effects will vary based on which type you are using. The quickest effects occur with inhalation of the vaporized form. The slowest onset occurs with the pill form.

U.S. federal law prohibits the use of marijuana. However, many states allow medical use to treat pain, nausea and other symptoms. Medical Marijuana is legal in Florida, if you qualify. You must:

Be a permanent or seasonal Florida resident. Be diagnosed with a qualifying medical condition by a qualified physician. Be entered into the Medical Marijuana Use Registry. Obtain a Medical Marijuana Use Registry Identification Card.

For additional information, click here: https://knowthefactsmmj.com/about/faq/.

#### **Sources**

Mayo Clinic Staff, <u>https://www.mayoclinic.org/healthy-lifestyle/consumer-health/in-depth/medical-marijuana/art</u> -20137855, [Online], March 20, 2024.

The Florida Department of Health, Office of Medical Marijuana Use (OMMU), <u>https://knowthefactsmmj.com/</u> <u>patients/#steps-to-treatment</u>, [Online], March 20, 2024.



Gay Group Happy Hour (G2H2) takes place the first Thursday of every month at a new location throughout Sarasota and provides the community with a different atmosphere to meet, network, and hang out! G2H2 Sarasota's goal is to spotlight businesses that are LGBT-friendly and welcoming to our community.

# **April LOCATION**

https://www.g2h2sarasota.com/





### **ENCHANTMENT OF THE SEAS**

Courtyard Travel, Prime Timers and Michael and Robert bring you this 7 day cruise to Western Caribbean on the newly refurbished ENCHANTMENT OF THE SEAS

#### For. TAMPA, ST. PETE AND SARASOTA PRIME TIMERS.

PLEASE NOTE THE PRICES SHOWN FOR THE CABIN ARE FOR BOTH PASSENGERS.

IT INCLUDING BOTH PORT CHARGES AND GOVERNMENT TAXES.

#### THERE ARE NO OTHER CHARGES.

#### ENCHANTMENT OF THE SEAS

April

SAT. 20. EMBARK PORT OF TAMPA SUN 21 Day at Sea Mon 22 Cozumel Tues 23 Roatan Wed 24.Belize City Thurs. 25 Puerto Costa Maya Fri 26 Day At Sea Sat 27. Return To Tampa

Andrew at Courtyard Travel 98 Cutter Road Great Neck, N.Y. 11021 **#516 -773-3700** 

MICHAEL STONE - - PRIME TIMERS 941 359-8212 There will be a \$50 ONBOARD CREDIT PER CABIN.

Inside- \$1,878.82 total cost double occupancy total cost for two people

OCEAN VIEW - \$2,034.82 total cost total cost for two people

BALCONY - \$3,719.82. total cost total cost for two people

Rates are subject to change and are based on availability.

# Seniors Blue Book-A Complete Resource Guide

The seniors Blue Book is an excellent resource for older adults like most of us in Prime Timers. We will have copies available at potlucks and member meetings, but you can also order one online at SeniorsBlueBook.com. Check it out!



Click Link below to watch Video Seniors Blue Book Intro Video







#### **Purple Rhino Lodge**

2920 Beneva Road Sarasota, FL 34232



### Wayne Rogers

REALTOR', GRI, ABR, E-PRO, AHWD

C 941.600.1802 O 941.966.8000 F 941.918.9392 WayneRogers @michaelsaunders.com

8660 S. Tamiami Trail Sarasota, FL 34238

KroppandRogersTeam.com



**Retired Senior looking for home to share.** Preferably w/Gay or Bi male. Clean, quiet, no drugs, not a partner. Smoking outside only. Have car and some furniture. Budget is \$500 a month. Can meet for coffee/chat. Call/Text 941-321-0195.

## Keith Kropp

BROKER ASSOCIATE, GRI, EPRO, AHWD

C 941.587.8376 0 941.966.8000 F 941.918.9392 KeithKropp @michaelsaunders.com

8660 S. Tamiami Trail Sarasota, FL 34238

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KroppandRogersTeam.com

## **Prime Timers Sarasota**

Enriching social lives of mature gay/bi men

Phone: 941-993-3561 E-mail: primetimerssarasota@gmail.com Website: <u>www.sarasotaprimetimers.org</u>



#### 2023 BOARD of DIRECTORS

President: Steve Horowitz Vice President: Michael Sloan Secretary: Lee Linkous Treasurer: Bill Thomas Members at Large: Jerry Travis, Mike Moran, Steve Hoffner

#### **COMMITTEES**

#### **EVENTS**

Events Coordinator: Mattt Leona North Lunch: Dan Warren South Lunch: Dan Warren Potluck: Michael Stone Book Club: David Guyet Singles and Solos: Matt Leona Theatre Group: Matt Leona Food Bank: Mike Moran

#### **MEMBERSHIP**

Membership Roster: Steve Horowitz New Member E-Mail Package: Steve Horowitz Greeting and Name Tags: Mike Moran and Michael Sloan.

#### **HOSPITALITY**

Membership Meeting Refreshments: Dale Moore Membership Meeting Speakers: Matt Leona Potluck Supplies: Board of Directors

#### **COMMUNICATIONS**

Newsletter Editor: Tom Peterson Newsletter Proofreaders, Ron Gibson, Michael Sloan, Steve Horowitz Google Lists: Steve Horowitz Web Master: Ron Robuck Facebook: Volunteer needed

#### **CARE AND SUPPORT**

Steve Horowitz, Dale Moore, Tom Peterson and All Prime Timers Members\*





**Prime Timers Sarasota** 

Enriching social lives of mature gay/bi men

## **Official Newsletter Information**



Tom Peterson, Newsletter Editor tominparadise22@gmail.com

**PLEASE NOTE:** We will be using your personal contact information to send you our newsletters, event information, and chapter notices.

Articles and letters to the editor are *due no later than the 20th of each month* and should be emailed to **Tom Peterson** rather than to <u>primetimerssara-sota@gmail.com</u>.

#### PRIME TIMERS SARASOTA 941-993-3561; primetimerssarasota@gmail.com

Be sure to visit our website at: http://sarasotaprimetimers.org/

Interested in joining? Click on the website link above. Click on Membership. Complete an application for each new member. Below the application is the payment method through CeddarUp. If you don't pay by credit or debit card, don't forget to send your check, payable to Prime Timers Sarasota, to Prime Timers Sarasota, P.O. Box 1003, Tallevast, FL, 34270.

Visit us on Facebook at: www.facebook.com/PTsarasota

Prime Timers Worldwide Web Site at https://theprimetimersww.com/