

Prime Timers Sarasota

Enriching social lives of mature gay/bi men



President's Message

Happy Father's Day! I hope it's a great one for you.

Our May Members Meeting went very well. Todd Kierkering, Manager of Sarasota Emergency Rescue, gave an excellent presentation on how the city and surrounding counties prepare for impending hurricanes. A lot of the information was new to me. I'm sorry if you missed it.

Matt Leona, your Events Coordinator, has once again been busy scheduling great new events for you. Be sure to read your *Calendar of Events*. On Friday, June 7th, Dale and I will be hosting a game night. It's limited to 14 members, so be sure to RSVP soon. The Board has approved supporting members who host in-home events, such as a coffee, game or cards night, pool social, movie night, or BBQ, by giving the hosts \$25 from our treasury. We hope that it will encourage more members to volunteer to host these events.

On June 20th, we will be joining the Prime Timers Tampa Bay at the Imagine Glass Museum in St. Pete. If you have never been there, you are in for a real treat. You've never seen glass like this and the way it's presented really enhances the exhibition. We thought that carpooling would be a good way to get there, so please email Matt Leona (bongo44@aol.com) if you are willing to be a driver or a passenger.

Lastly, we are going to see *Oak* at the Urbanite Theater on June 30th. This is the world premiere of Southern Gothic horror. I've never seen a show at the Urbanite Theater, but the reviews of their productions have been excellent. It sounds like a lot of fun.

Don't forget about our Care and Support program. If you need rides, meals brought in, or other assistance, don't be shy or too proud to ask. At the last Members Meeting, I learned that many of our older members have difficulty using the computer. I would like to start a list of those members who need assistance as well as those members who are proficient in using computers and who are willing to work with them. If you are interested, please send me an email ASAP (stevehor2004@yahoo.com) telling me which group you are in. As soon as I have a list of at least 3-4 members in each group, I will send out an Eblast. You can always be added to the list later by emailing me.

See you around!

Steve

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June 2024

WHO WE ARE

Prime Timers Sarasota is a non-partisan social club for gay, bisexual, transgender or transitioning men over 21. In addition to our Fall Picnic and Holiday Party, each month we offer a potluck supper, two luncheons at area restaurants, a members' meeting with a speaker, home nights with games or movies, and day trips by bus or car pool to unique Florida Sun Coast attractions. Our social events are chosen to fit individual needs, priorities and affordability. Equally important is our commitment to Care and Support, where members assist one another with activities and needs of daily living. If a member is ill, injured or otherwise incapacitated, he can reach out for assistance to members nearby to help him with activities such as shopping, transportation, moral support, or help at home. To find out who is nearby contact any Board member.

June 2024 Calendar of Events

Saturday June 1st @ 6:00 P.M. Potluck. Syster Hall, 1st Congregational Church, 1031 South Euclid Ave, Sarasota. Lots of good food and friendship. Plan to come a bit early to enjoy visiting with other members and help set up. (And please hang around a few minutes afterward to help clean up.) MANY HANDS MAKE LIGHT WORK! Bring a dish to share (main, side dish, appetizer, dessert. Don't forget to bring a serving utensil and the name of your dish.

Wednesday, June 5th @ 1:00 P.M. Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wednesday. If you want to attend, or if you want more information, contact Bruce Burbage (bruceburbage@yahoo.com).

Friday, June 7th, 7:00 – 9:30 P.M. GAME NIGHT at Steve and Dale's Home, 3725 Glen Oaks Manor Dr., Sarasota. (Limited to the first 14 who reply*). Bring your favorite game ... Or cards ... And yourself. ***PLEASE RSVP BY THURSDAY, JUNE 6TH to Dale Moore** (demor37@yahoo.com).

Sunday, June 9th @ 3:00 – 5:00 P.M. Prime Timers Second Sunday Social at the Purple Rhino at the corner of Beneva and Webber. Plan to stop by, have a drink, and catch up with friends. Delicious snacks are provided by Rick, our own friendly bartender. Good friends ... good conversation ... good comradery. And a good way to meet some of your fellow Prime Timers in a more intimate setting, See you there!

Wednesday, June 12th @ 10:30 A.M. Board Meeting at Steve Horowitz, 3725 Glen Oaks Manor Drive, Sarasota. Please e-mail (stevehor2004@yahoo.com) ahead of time if you'd like to attend. Any member is welcome. See your Board in action and share your ideas and concerns for the good of the club.

Wednesday, June 12th @ 1:00 P.M. Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wed. If you want to attend, or if you want more information, contact Bruce Burbage (bruceburbage@yahoo.com).

Thursday, June 13th @ 1:00 P.M. Northside Lunch. Peridia Country Club, 4950 Peridia Blvd in Bradenton. RSVPs can be sent to Dan Warren at danmichaelwarren@gmail.com no later than 2 P.M. on Wednesday.

Sunday, June 16th @ 3:00 – 5:00 P.M. Singles and Solos at the Purple Rhino. All are welcome. It's a good way to meet some of your fellow Prime Timers in a more intimate setting, See you there!

Tuesday, June 18th @ 10:30 A.M. Cover to Cover Book Club Meeting, will meet at the Fruitville Library. We meet once a month and welcome any-and-all members. This month the discussion will be *A Fine and Private Place* by Peter Beagle. For additional information contact David Guyet (sandheim@msn.com).

Wednesday, June 19th @ 1:00 P.M. Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wed. If you want to attend or, if you want more information, contact Bruce Burbage (bruceburbage@yahoo.com)

Thursday June 20th @ 11 A.M. Imagine Glass Museum. 1901 Central Avenue, St. Pete. Admission is \$13 for seniors. Tampa-St. Pete Prime Timers invited to join us. Lunch afterwards at a nearby restaurant. Please contact Matt Leona (Bongo44@aol.com) if you are interested in going by carpool. We're looking for both drivers and riders.

Sunday, June 23rd @ 3 P.M. GENERAL MEMBERSHIP MEETING in Syster Hall at 1st Congregational Church at 1031 South Euclid. Personal Safety presentation by Officer Robbins, Sarasota Police. Dinner at Dimetrio's following the meeting.

Wednesday, June 26th @ 6:00 P.M. Prime Timers Hamburger Night at the Purple Rhino, 2920 S. Beneva (Corner of Webber). You must eat dinner, so why not eat with some of your Prime Timer buddies? **Hint:** Get there by 5:30 P.M. to get served sooner.

Thursday, June 27th @ 1:00 P.M. Southside Lunch. Mellow Mushroom Pizza at 6727 South Tamiami Trail. RSVPs can be sent to Dan Warren at danmichaelwarren@gmail.com no later than 2 P.M. on Wednesday.

Sunday June 30th @ 2 P.M. Prime Timers Theatre Group. *Oak* at Urbanite Theater, 1487 Second Street, Downtown Sarasota. Tickets are \$47 online. This is the world premiere of Southern Gothic horror.

UPCOMING

Wednesday, July 3rd @ 1:00 P.M. Bridge Club. Enjoy playing Bridge? Come join the group that plays every Wednesday. If you want to attend, or if you want more information, contact Bruce Burbage (bruceburbage@yahoo.com).

Saturday July 6th @ 6:00 P.M. Potluck. Syster Hall, 1st Congregational Church, 1031 South Euclid Ave, Sarasota. Lots of good food and friendship. Plan to come a bit early to enjoy visiting with other members and help set up. (And please hang around a few minutes afterward to help clean up.) **MANY HANDS MAKE LIGHT WORK!** Bring a dish to share (main, side dish, appetizer, dessert. Don't forget to bring a serving utensil and the name of your dish.

All Faiths Food Bank takes a major hit this

time of year! With the snowbirds flying the coop, AFFB, from May to September needs nearly 800 volunteers to cover approximately 12,000 volunteer hours. This is required to staff 60 planned outdoor mobile food distributions. Nelle Miller, the president and CEO says, "Our volunteers are essential in helping to maximize our reach and impact, ensuring that we can carry out activities at a level that our professional team couldn't achieve without their support." If you are so moved to lend a helping hand this summer, take a gander at the website: allfaithsfoodbank.org or call 941-379-6333. You will discover they have christened their volunteers as "Hunger Heroes!"

Here's a sneak preview of exciting fall activities that are historically sold out events. Mark your calendars to watch for further updates.
+October 5th Autumn Harvest + November 10th Bowls of Hope+ November 15th Friends Full of Giving +

You can send your gift to help feed children during the summer to All Faiths Food, Bank 8171 Blaikie Ct, Sarasota, Florida 34240.

Be sure to note on your check **Prime Timers of Sarasota**.

Thanks for your support in making Prime Timers Sarasota an important part of the community. Mike Moran

June Birthdays

Rick Coyne	10
Ray Bond	11
Bruce Burbage	12
Anthony Lopez	13
Rudi Anheier	14
John Mickelbank	14
Richard Carpenter	20
Juan Espino	20
Joe Cascio	21
Jack Mahoney	27
Bill Speer	27
Paul Kleiman	30
Larry Molinelli	30
Jerry Unland	30

HEALTH MATTERS: *Guide to Hurricane Preparedness*

Edited by Steve Horowitz

Each year hurricane season begins on June 1st and lasts 5 months, with storms typically peaking in August and September. As with every hurricane season regardless of forecast, knowing the essentials of how to prepare could truly be a life saver.

Hurricane Knowledge: First, know your hurricane facts and understand common terms used during hurricane forecasts. Storm conditions can vary on the intensity, size and even the angle which the tropical cyclone approaches your area, so it is vital you understand what the forecasters and news reporters are telling you.

Tropical Depressions are cyclones with winds of 38 mph. **Tropical Storms** vary in wind speeds from 39-73 mph while **Hurricanes** have winds of 74 mph and greater. Typically, the upper right quadrant of the storm (the center wrapping around the eye) is the most intense portion of the storm. The greatest threats are damaging winds, storm surge and flooding.

Here are some important terms you may hear:

- **Tropical Storm Watch:** Tropical storm conditions are possible in the area.
- **Hurricane Watch:** Hurricane conditions are possible in the area. Watches are issued 48 hours in advance of the anticipated onset of tropical storm force winds.
- **Tropical Storm Warning:** Tropical storm conditions are expected in the area.
- **Hurricane Warning:** Hurricane conditions are expected in the area. Warnings are issued 36 hours in advance of tropical storm force winds.
- **Eye:** Clear, sometimes well-defined center of the storm with calmer conditions.
- **Eye Wall:** Surrounding the eye, contains some of the most severe weather of the storm with the highest wind speed and largest precipitation.
- **Rain Bands:** Bands coming off the cyclone that produce severe weather conditions such as heavy rain, wind and tornadoes.
- **Storm Surge:** An often underestimated and deadly result of ocean water swelling as a result of a landfalling storm, and quickly flooding coastal and sometimes areas further inland.

During a **watch**, prepare your home and evacuation plan in case a warning is issued. During a **warning**, carefully follow the directions of officials, and immediately leave the area if they advise it. In the event of an **Extreme Wind Warning/Advisory**, which means that extreme sustained winds of 115 mph or greater are expected to begin within an hour, immediately take shelter in the interior portion of a well-built structure.

Hurricane Kits: It is important to create a kit of supplies that you could take with you if you are forced to evacuate. This kit will also be useful if you are able to stay in your home, but are still affected by the storm, such as through the loss of power. One common

trend seen when hurricanes are approaching is a wide-spread panic. When this happens, people rush in large numbers to get all the supplies they think they need. However, if you prepare your kit ahead of time, you can alleviate a lot of the potential stress of a very chaotic situation. You should create your kit in a bag that you can easily take with you.

Some recommended items to include are:

- Non-perishable food (enough to last at least 3 days)
- Water (enough to last at least 3 days)
- First-aid kit (include any prescription medication you may need)
- Personal hygiene items and sanitation items
- Flashlights (have extra batteries on hand)
- Battery operated radio (again, have extra batteries)
- Waterproof container with cash and important documents
- Manual can opener
- Lighter or matches
- Books, magazines, games for recreation
- Special needs items: pet supplies and baby supplies if applicable
- Cooler and ice packs
- A plan for evacuation and if family members are separated

Securing Your Home: Know how to secure your home for damaging winds, storm surge and flooding.

- Cover all your windows, either with hurricane shutters or wood.
- Although tape can prevent glass from shattering everywhere, be warned that tape does not prevent the window from breaking.
- If possible, secure straps or clips to securely fasten your roof to the structure of your home.
- Make sure all trees and shrubs are trimmed and clear rain gutters.
- Reinforce your garage doors.
- Bring in all outdoor furniture, garbage cans, decorations, and anything else that is not tied down.
- If winds become strong, stay away from windows and doors and close, secure and brace internal doors.

Power Outages: In the event a storm should leave you without power, there are a few things to consider and help you be ready and stay safe outside of your normal hurricane preparedness.

- **Gas:** Make sure your tank is full far in advance of an approaching storm. Most people wait until the last minute, rush to get extra gas for cars and generators, and subsequently gas stations can run out early.
- **ATMS:** Have extra cash on hand in the event no ATMS in your area are accessible or working.
- **Cell Phones:** Charge your cell phone and limit use after power is out.
- **A/C:** This can be the most uncomfortable side effect of losing power during a storm. Try to prevent as much light from entering and warming the house by covering up your windows on the inside. If you have back-up or battery-operated fans, don't run them unless you are in the room. Fans create a difference in perceived temperature

but do not cool the room; instead, they create a cooling effect by dispersing the heat off your skin. It is said they can add heat to a room just by running.

- **Water:** Fill bathtub and large containers with water for washing and flushing only.
- **Food:** Turn your fridge temperature down and/or freeze any food or drinking water that can be frozen if you expect a power outage. *Here is a guide on freezing food:* Have a cooler with ice packs prepared to cool your drinks and snacks after the power has been out for more than 4 hours. And importantly, check out this food safety guide for when to discard your perishable food:
http://www.foodsafety.gov/keep/charts/refridg_food.html
- **Health/Safety:** The CDC has a great guide on how to stay safe in the event of a power outage: [Power Outages](#)

Source: Harrison. [Christine, https://www.stateofflorida.com/articles/hurricane-preparedness-guide/](https://www.stateofflorida.com/articles/hurricane-preparedness-guide/), [Online], April 26, 2024.

If you know of a member who lives alone, offer to call them daily as a check in. Be sure that they have your name and phone number and be sure to get an alternate contact person name and phone number, if you can't reach them. Be sure to let Steve Horowitz know if they have other needs, i.e. transportation.
stevehor2004@yahoo.co

Saturday, November 2nd. Annual Picnic at Coquina Beach Gulf Side South Pavilion. Coquina Beach is at the very southern tip of Anna Maria Island on Gulf Dr. right by the bridge to Long Boat Key. Lots of fresh air, cool friends and HOT chit-chat. Mark your calendars for this date! More details as the date draws closer.

Saturday, December 21st. Our annual Holiday Dinner Dance at the Peridia Golf and Country Club, 4950 Peridia Blvd., W. Bradenton. Mark your calendars for this date! More Holiday Dinner Dance details to come as the date draws close.

Custom Name Badge You will be asked how you wish your name to read on the badge. You may use just your first name or your full name on the badge -- whichever you prefer. As we've done in the past with the handwritten paper badges at our events, the badges are color coded. Partnered members will receive burgundy badges while single members will receive blue badges. "Prime Timers Sarasota" will appear on the badge below your name. Note: Your name badge will be sent directly to the mailing address that we have on file for you as shown in the official Prime Timers Sarasota Member Roster. Click on this link to order your badge/badges: <https://custom-name-badge.cheddarup.com>



Say Hello to our New Members

Ariel Torres
Robert Lilly
Peter Bellerose
Sonny Scroggs
Ron Erday

The Marietta Museum of Art and Whimsy



May Potluck Dinner



From The Editor

You've probably noticed the newsletter has a different look. I was asked to take on the newsletter at a time when I was preparing to head North for a few months. Having done newsletters for churches and for educational newsletters in the past, I enjoy doing them. However, it takes time to learn new publishing software and to search and develop forms and templates, so I apologize for this rather bare bones edition, and please bear with me until I can find and become familiar with newer software. Thanks for your patience.