Prime Timers Sarasota

Enriching social lives of mature gay/bi men

President's Message

By Steve Horowitz



Greetings! This morning's heat index is 103 degrees and there is a *Heat Advisory* meaning that spending time in the sun can be risky. To stay safe in the summer heat, prioritize hydration by drinking plenty of fluids, even when not thirsty. Seek out air-conditioned spaces, especially during the hottest parts of the day, and wear loose, light-colored clothing. Remember to pace yourself during outdoor activities and take frequent breaks in the shade or air conditioning. Avoid strenuous activity during peak heat hours and be mindful of vulnerable individuals like children, the elderly, and pets, checking on them frequently. Be aware of the symptoms of heat exhaustion and heat stroke, such as dizziness, nausea, headache, and confusion. Seek medical attention immediately if you or someone you know experiences these symptoms.

Thank you to the 28 members who took the time to complete the recent Interest Survey. We got some interesting results, of which I will share some of them with you here. In descending order by most selected, the top six desired Clubs are morning Coffee Chat, Monthly Saturday night dinner, Prime Timers cruises, Friday night St. Pete bars, Mall Walking and lunch, Mexican Train, and Antique Cars.

The most popular topics for speakers at membership meetings are Aging: What's Normal and What's Not, County Resources for Seniors, Big Cat Habitat, Myakka Elephant Preserve, Selby Gardens, and Ringling Speakers Bureau.

Members were quite enthusiastic about the events they enjoy. On top of the list is the Myakka Elephant Preserve followed by Selby Gardens, Big Cat Habitat and Education Center, Myakka River State Park and Canopy Walkway, Sarasota Jungle Gardens, Shelling Cruise to Shell Key, Ringling Circus Museums, and the Celery Fields, among others. Now that the Board of Directors and the Event Coordinator know what activities you enjoy, look for them to show up this year and the next.

Each month Matt Leona will select one trip as *Event of the Month*, which will be highlighted in the newsletter. This month it will be a tour and wine tasting at Fiorelli Winery on Friday, August 22nd at 12 noon. Participants will get to taste five wines of their choice. This is sure to be a hit. Space is limited to eight people, so please reserve your spot ASAP.

See you around!

Steve

August 2025

IN THIS ISSUE

President's Message-Page 1
Events-Pages 2-3
Birthdays-Page 4
PTWW 2025 Convention—Pg 4
Lift Assist-Page 5
Transportation-Page 5
Single and Solos-Page 6
Nametags-Page 7
Hospital Team-page 7
Event of the Month-Page 8
How to Use Texts- Page 8
Florida Resources-Pages9-10
Board and Committees-Page 11
Newsletter Information-Page 12
Classifieds-Page 13

Prime Timers Sarasota is a nonpartisan social club for gay, bisexual, transgender or transitioning men over 21. In addition to our Fall Picnic and Holiday Party, each month we offer a potluck supper, two luncheons at area restaurants, a members' meeting with a speaker, home nights with games or movies, and day trips by bus or carpool to unique Florida Sun Coast attractions. Our social events are chosen to fit individual needs, priorities and affordability. Equally important is our commitment to Care and Support, where members assist one another with activities and needs of daily living. If a member is ill, injured or otherwise incapacitated, he can reach out for assistance to members nearby to help him with activities such as shopping, transportation, moral support, or help at home. To find out who is nearby contact any Board member.

August 2025 Calendar of Events

Saturday August 2 @ 6:00 P.M. Potluck. Syster Hall, 1st Congregational Church, 1031 South Euclid Ave, Sarasota. Lots of good food and friendship. Plan to come a bit early to enjoy visiting with other members and help set up. (And please hang around a few minutes afterward to help clean up.) MANY HANDS MAKE LIGHT WORK! Bring a dish to share (main, side dish, appetizer, dessert. Don't forget to bring a serving utensil and the name of your dish.

Sunday, August 10 @ 3:00 – 5:00 P.M. Prime Timers Second Sunday Social.at the Purple Rhino at the corner of Beneva and Webber. Plan to stop by, have a drink, and catch up with friends. Delicious snacks are provided by Rick, our own friendly bartender. Good friends ... good conversation ... good comradery. And a good way to meet some of your fellow Prime Timers in a more intimate setting, See you there!

NEW! Tuesday, August 12 @ 9:00 A.M. Coffee Chat, Metro Diner, 6056 North Lockwood Ridge Road, Sarasota. Please RSVP Rick Coyne if you plan to attend at rickcoyne507@yahoo.com.

Thursday, August 14 @ 1:00 P.M. Northside Lunch at Ford's Garage located at 295 N. Cattleman Road, Unit #1, in Sarasota. RSVPs can be sent to Dan Warren at danmichaelwarren@gmail.com no later than 2 P.M. on Wednesday, August 13.

NEW! Saturday, August 16 @ 5 P.M. Saturday Nite Dinner at Der Dutchman, 3713 Bahia Vista, Sarasota. Choose buffet or order from the menu. Meet in the lobby at 5:00 P.M. so we can sit together.

<u>Sunday, August 17 @ 3:00 – 5:00 P.M.</u> Singles and Solos at the Purple Rhino at the corner of Weber and Beneva. All are welcome. Free raffle.

<u>Tuesday, August 19 @ 10:30 A.M.</u> Cover to Cover Book Club Meeting, will meet at Fruitville Library. We meet once a month and welcome any-and-all members. This month the discussion is on *Under the Banner of Heaven* by Jon Krakauer. For additional information contact David Guyet (sandheim@msn.com).

Wednesday, August 20 @ 10:30 A.M. Board Meeting at at Steve Hoffner, 4767 Winslow Beacon, Sarasota, FL 34235. Sarasota. Please e-mail (stevehor2004@yahoo.com) ahead of time if you'd like to attend. Any member is welcome. See your Board in action and share your ideas and concerns for the good of the club.

NEW! Friday, August 22 @ 12:00 P.M. Tour and Wine Tasting, Fiorelli Winery, 4259 Co Road, 675 East, Bradenton. \$12 a person. Space is limited to 8 participants. Reserve your spot by emailing Matt at bongo44@aol.com or texting Matt at 941-750-6457. Lunch afterwards at Speaks Clam Bar, 8764 State Road 70, Lockwood Ridge.

Wednesday, August 27 @ 6:00 P.M. Prime Timers Hamburger Night at the Purple Rhino, 2920 S. Beneva (Corner of Webber). You must eat dinner, so why not eat with some of your Prime Timer buddies? Hamburgers, grilled chicken and vegetarian burgers are available. Choose sides from onion rings, French fries, and potato salad. All for \$8.50. <u>Hint</u>: Get there by 5:30 P.M. to get served sooner.

Thursday, August 28 @ 1:00 P.M. Southside Lunch at Madfish Grill, 4059 Cattlemen Road in Sarasota. Please RSVP to Kurt Juedes, chorkymorky@gmail.com, no later than 2 P.M. on Wednesday August 27.

UPCOMING

Saturday September 6 @ 6:00 P.M. Potluck. Syster Hall, 1st Congregational Church, 1031 South Euclid Ave, Sarasota. Lots of good food and friendship. Plan to come a bit early to enjoy visiting with other members and help set up. (And please hang around a few minutes afterward to help clean up.) MANY HANDS MAKE LIGHT WORK! Bring a dish to share (main, side dish, appetizer, dessert. Don't forget to bring a serving utensil and the name of your dish.

August Birthdays

Bob Marchetti	8/1				
John Pelletti	8/1				
Roy Burns	8/2				
David Starnes	8/6				
Warren Hurst	8/8				
Michael Moran	8/11				
Dan Brown	8/13				
Michael Fox	8/13				
Julio Agudelo	8/14				
Jim Fogle	8/22				
Keith Kropp	8/22				
Thomas Hackett 8/23					
Matt Leona	8/24				
Timothy Riddle	8/24				
Larry Freeland	8/25				
Paul Stockdale	8/26				
Steve Horowitz	8/29				
Bill Thomas	8/31				
Bob Thommes	8/31				



Biennial Prime Timers World Wide Convention



The convention takes place in Omaha, Nebraska from October 9 - 13, 2025. Click on the link to learn more about it. It's a wonderful opportunity to meet other Prime Timers and have a great time. The sooner you register, the cheaper the

cost will be. https://theprimetimersww.com/2025-omaha-general/

Lift Assist



Have you or your loved one ever fallen and needed help getting up? *Lift Assist* is a free service for members living in Sarasota County. Staff are trained to quickly and safely lift you back up. They don't provide treatment. Put their phone number in your cell phone contacts NOW! 941-316-1201



MEMBERS WHO ARE WILLING TO PROVIDE OCCASIONAL TRANSPORTATION IF NEEDED

Winer, Jon	401-477-2560	Bradenton	34210	jaydub6743@gmail.com	
Carrier, Mark	386-788-1423	Bradenton	34203	kramreirrac@aol.com	
Leona, Matt	941-750-6457	Bradenton	34208	bongo44@aol.com	
Coyne, Rick	309-824-7524	Bradenton	34209	rickcoyne507@yahoo.com	
Pierson, Terry	530-902-1349	Sarasota	34231	sierra95618@yahoo.com	Gulf Gate Estates
Moore, Dale	941-993-0128	Sarasota	34232	demor37@yahoo.com	
Krauledis, Irv	562-243-9067	Sarasota	34234	ilhairdesign@aol.com	North Sarasota
Officer, Wayne	941-321-0195	Sarasota	34234	woff405813@hotmail.com	North Sarasota
Doty, Al	941-377-3789	Sarasota	34235	aldoty@comcast.net	Meadows
Fox, Michael	517-706-7929	Sarasota	34235	dickensofatale@gmail.com	Meadows
Bramson, Ron	301-980-3056	Sarasota	34237	ronbramson@comcast.net	University Park
Stone, Michael	941-359-8212	Sarasota	34243	mstonefl@gmail.com	University Park
Semmer, Dean	224-381-2309	Sarasota	34243	dfs3935@gmail.com	Cedar Creek
Juedes, Kurt	785-633-7929	Sarasota	34238	chorkymorky@gmail.com	

Singles and Solos











Now you can order your very own Prime Timers Sarasota Name Badge for just \$9.50.

Custom Name Badge

You will be asked how you wish your name to read on the badge. You may use just your first name or your full name on the badge -- whichever you prefer. As we've done in the past with handwritten paper badges at our events, the badges are color coded. Partnered members will receive burgundy badges, while single members will receive blue badges. *Prime Timers Sarasota* will appear on the badge below your name.

<u>Note</u>: Your name badge will be sent directly to the mailing address that we have on file for you as shown in the official Prime Timers Sarasota Member Roster.

Click on this link to order your badge/badges: https://custom-name-badge.cheddarup.com/

Hospital Team



Prime Timers Sarasota has established a hospital team to support our members and their partners who are going through medical issues and could use support. The team started on February 1, 2025. We certainly can use more volunteers.

What will our team do? We will call each member who is in the hospital and get their approval to keep in touch with them. We will then determine what they and, if necessary, their partner's needs are. We will develop a plan for the team and determine the frequency of follow-up for the member and/or partner. The follow-up would be a phone call or a

hospital visit. We will offer a post-hospital home visit. The Board discussed other members possibly providing meals for the member and partner if there is need for them after hospital discharge. Would you be willing to prepare one of these meals?

If you are interested in joining the Hospital Team and/or being a meal preparer, please let Tom Peterson know. (tominparadise22@gmail.com / (615) 491-4396. Also, if you know of anyone who is in the hospital, please notify Tom. Thank you.

Event of the Month



Friday, August 22nd at 12 noon. Tour and wine tasting at Fiorelli Winery, 4250 Co Road, 675 East in Bradenton. The cost is \$12. Participants will get to taste five wines of their choice. Space is limited to eight people, so please reserve your spot ASAP by emailing Matt Leona at bongo44@aol.com or by texting Matt at 941-750-6457. Lunch afterwards will be at the Speaks Clam Bar, 8764 State Road 70, Lockwood Ridge.



HOW TO USE TEXT REMINDERS

Prime Timers members may elect to have brief text messages sent to their cellphone to remind them of upcoming Prime Timers events.

Text reminders are usually sent 48 to 72 hours prior to an upcoming scheduled event.

It is totally up to you if you wish to receive text reminders or not. Simply reply "STOP" to any text reminder and you will no longer receive texts.

If you'd like to resume receiving text reminders, simply text the word "START" to our private text number at 941-280-5340.

FLORIDA PROGRAMS AND SERVICES FOR SENIORS SARASOTA

Several excellent programs and services are available for seniors in Sarasota, Florida, including:

1. Senior Friendship Centers:

- Location: With multiple locations in Sarasota, including a main center at 1888 Brother Geenen Way, and an Adult Day Care center at 1820 Brother Geenen Way,
- Services: Offers a wide range of services including:
 - Adult Day Care: Provides supervised activities and care for seniors with cognitive or medical needs,
 - Activity Centers: Offer opportunities for socialization, classes, exercise, and activities,
 - Nutrition Programs: Including congregate meals at the Sarasota Friendship Café and home-delivered meals.
 - Caregiver Support: Resources and support groups for those caring for older adults.
 - Friendship at Home: A program pairing isolated seniors with volunteers for companionship and support,
 - Help with ACCESS Applications: Assistance with applying for programs like SNAP (food stamps), temporary cash assistance, Medicaid, and refugee assistance.
 - Legal Assistance: Free 30-minute consultations with attorneys by appointment,
 - SHINE (Serving Health Insurance Needs of Elders) Counseling: Free, unbiased Medicare counseling,
- Mission: A non-profit dedicated to the well-being of seniors in Southwest Florida, empowering them to live fulfilling, healthy, and independent lives,

2. Area Agency on Aging for Southwest Florida (AAASWFL):

- Elder Helpline: A valuable resource providing information and referrals to elder and disability services, Call 866-413-5337 or 800-96-ELDER (800-963-5337),
- Home and Community-Based Care: Connects individuals with in-home care, daycare, and other services to help them live independently,
- SHINE (Medicare Counseling): Provides free, unbiased counseling on Medicare, Medicaid, and health insurance,
- Elder Abuse Prevention & Education: Offers resources and education to prevent elder abuse,
- Emergency Home Energy Assistance Program (EHEAP): Provides financial assistance for heating or cooling emergencies for low-income seniors,
- Caregiver Support: Offers support and resources for family caregivers,
- Designated Aging and Disability Resource Center (ADRC): Serves as a central point for accessing state and federally subsidized care,.

3. Home Care Services:

- Seniors Helping Seniors Manatee Sarasota: Provides in-home care services by senior caregivers, promoting independence and companionship,
- Senior Helpers: Offers personalized home health care services, including assistance with daily living, Alzheimer's and dementia care, and personal care.
- Home Instead Senior Care of Sarasota Florida: Provides a wide range of services including companionship, meal assistance, transportation, and hands-on personal care.
- Granny NANNIES: Offers in-home care services, specializing in care for conditions like Alzheimer's, heart disease, and those needing respite or stroke recovery care.

4. Assisted Living Facilities:

- Various options: Sarasota has numerous assisted living communities offering different levels of care and amenities, including Brookdale Senior Living, American House, Aravilla, and HarborChase of Sarasota,
- Resources for finding facilities: Websites like AssistedLiving.org offer tools to find and compare facilities. You can also find an online locator tool on FloridaHealthFinder.gov,

5. Other Helpful Programs:

- Sarasota County Senior Advocacy Council, Inc.: Provides resources and assistance for low-income seniors, including a grant program for essential items and emergency assistance.
- Senior Medicaid Solutions: Provides assistance with applying for senior Medicaid, professional guardianships, and notary services,
- Suncoast Center For Independent Living, Inc.: Offers assistance with medical supplies and support for individuals with disabilities.
- Jewish Family & Children's Service (JFCS) of the Suncoast: Provides caregiver support and education, counseling, support groups, and respite programs,
- Sarasota County Veterans Services: Assists veterans in applying for financial assistance and other veteran programs,
- Florida Senior Legal Helpline: Provides free legal advice to eligible seniors over 60.

Note: For more detailed information on eligibility requirements, services offered, and how to apply, please contact the specific organizations or the Elder Helpline as indicated above,

Prime Timers Sarasota

Enriching social lives of mature gay/bi men

Phone: 941-993-3561

E-mail: primetimerssarasota@gmail.com Website: www.sarasotaprimetimers.org

> Scan Me



2024 BOARD of DIRECTORS

President: Steve Horowitz Vice President: Lee Linkous Secretary: Steve Hoffner Treasurer: Bill Thomas

Members at Large: Jerry Travis, Matt Leona, Rick Coyne

COMMITTEES

EVENTS

Events Coordinator: Matt Leona
North Lunch: Dan Warren
South Lunch: Kurt Juedes
Potluck: Michael Stone
Book Club: David Guyet
Singles and Solos: Matt Leona
Theatre Group: Matt Leona
All Faiths Food Bank: Steve Hoffner
Hospital Team: Tom Peterson & Eddie Davis

MEMBERSHIP

Membership Roster: Steve Horowitz New Member E-Mail Package: Steve Horowitz Paper Name Tags: Michael Sloan

HOSPITALITY

Membership Meeting Speakers: Matt Leona Potluck Supplies: Board of Directors

COMMUNICATIONS

Newsletter Editor: Stephen Stanley Newsletter Proofreader, Steve Horowitz Google Lists: Steve Horowitz Web Master: Michael Sloan Facebook: Ron Robuck

CARE AND SUPPORT

Steve Horowitz, Dale Moore, Tom Peterson, and All Prime Timers Members*

Official Newsletter Information Stephen Stanley, Newsletter Editor

onemainewriter@gmail.com

PLEASE NOTE: We will be using your personal contact information to send you our newsletters, event information, and chapter notices.

Articles and letters to the editor are <u>due no later than the 20th of</u> <u>each month</u> and should be emailed to Stephen Stanley rather than to <u>primetimerssarasota@gmail.com</u>.

PRIME TIMERS SARASOTA 941-993-3561

primetimerssarasota@gmail.com

Be sure to visit our website at: http://sarasotaprimetimers.org/

Interested in joining? Click on the website link above. Click on Membership. Complete an application for each new member. Below the application is the payment method through Cheddar Up. If you don't pay by credit or with a debit card, don't forget to send your check, payable to Prime Timers Sarasota to:

Prime Timers Sarasota, P.O. Box 1003, Tallevast, FL, 34270.

Visit us on Facebook at: www.facebook.com/PTsarasota

Prime Timers Worldwide Web Site at https://theprimetimersww.com/



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